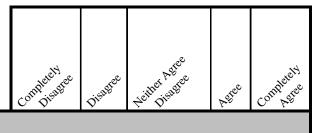
Empowering Outcomes

Answer categories:(1) completely disagree; (2) disagree; (3) neither agree nor disagree, (4) agree, (5) completely agree



Being Better Informed

Being Better Informed									
Through my participation in the Facing Lupus Together Project									
I feel better informed as a patient.									
I understand my illness better.									
I have a clearer picture about my illness.									
I feel like I have more (correct) knowledge at my disposal to deal better with my illness.									
Feeling More Confident in the Relationship with Their Physician									
Through my participation in the Facing Lupus Together Project									
I feel better prepared for a doctor's appointment.									
I am more knowledgeable about which questions to ask my physician									
I can explain my needs to my physician better.									
I have more courage to raise matters with my physician.									
I am more able to oppose my physician better.									
the relationship with my physician has improved.									
the relationship with my physician has deteriorated.									
I am more able to judge when I really need the help of my physician									
I feel less dependent on my physician.									
I am more able to think along with my physician about my treatment.									
Improved Acceptance of the Illness									
Through my participation in the Facing Lupus Together Project									
I am able to be more open about my own illness.									
I can tell others more easily when I am no longer able to do something									

I can ask others for help more quickly.				
I can give in to my illness better.				
I can accept my illness better.				
Feeling More Confident about the Treatment			<u>.</u>	
Through my participation in the Facing Lupus Together	Project			
I can stick to my treatment regime better.				
I am more able to follow the medical guidelines and advice of my physician				
I know where to go with questions about my illness.				
I feel I am more skilled at dealing well with my illness.				
I feel able to make the right decisions with regard to my illness.				
Increased Optimism and Control over the Future				
Through my participation in the Facing Lupus Together	Project			
I feel more in charge of the course of my illness.				
I feel I can influence my illness myself.				
I feel more in control over what is happening to me.				
I feel less in control over what is happening to me.				
I feel that what happens to me in the future is to a large degree dependent on myself				
I have learned to be more positive.				
I have more faith in the future.				
I have less faith in the future.				
Enhanced Self-Esteem				
Through my participation in the Facing Lupus Together	Project			
I have a greater sense of worth.				
I have a more positive attitude towards myself.				
I am in general more content with myself.				
Enhanced Social Well-Being				
Through my participation in the Facing Lupus Together	Project			
I feel less lonely.				
I have made new social contacts.				