

Motivation for AAS Use	N	Mean Rating*	SD
Increase muscle mass	1821	4.71	0.6
Increase strength	1797	4.28	0.91
To look good	1798	4.19	1.06
Increase confidence	1775	3.578	1.37
Decrease fat	1790	3.576	1.26
Improve mood	1765	3.23	1.46
Attract sexual partners	1772	3.16	1.51
Prevent injury	1754	2.969	1.45
Recreational weightlifting	1718	2.968	1.41
Increase endurance	1759	2.79	1.47
Amateur bodybuilding	1754	2.27	1.47
Amateur/recreational sports	1729	2.11	1.33
Power lifting	1733	2.01	1.36
Professional bodybuilding	1721	1.6	1.13
Professional sports	1728	1.45	1.06

*Rating scale = 1 (not a reason for use), 2 (of little importance), 3 (somewhat important), 4 (important), 5 (very important)