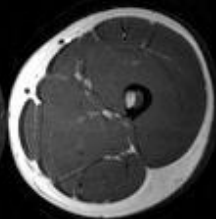
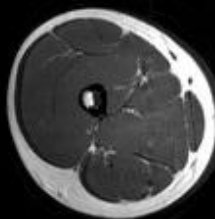
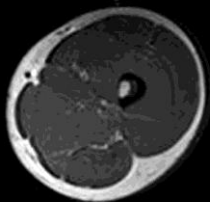
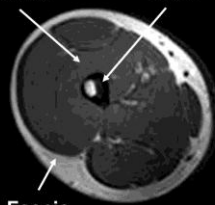


Pre-Training

Post-Training

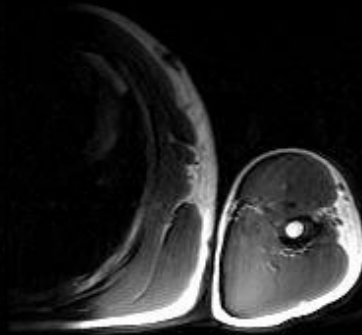
Muscle
Bone
Fascia



Thigh

Pre-Training

Post-Training



Arm