## Additional file 2 - Estimation of the initial conditions

The initial upper limb joint are necessary to the kinematic reconstruction algorithm. The following locations with respect to the robot are initially known: the shoulder ${ }^{r} T_{s}$, obtained at the begining of the therapy; the wrist ${ }^{r} T_{w}$, known through the end effector of the robot; and the elbow ${ }^{r} T_{e}$, estimated as explained in the previous section. Thus, the initial joint angles can be estimated using the DH parameters [35] shown in Table 1.

Let's define the homogeneous transform matrix as

$$
T=\left[\begin{array}{cccc}
n_{x} & n_{y} & n_{z} & p_{x}  \tag{1}\\
o_{x} & o_{y} & o_{z} & p_{y} \\
a_{x} & a_{y} & a_{z} & p_{z} \\
0 & 0 & 0 & 1
\end{array}\right]
$$

Then, shoulder movement can be defined with its homogeneous matrix regarding the joints $q_{1}, q_{2}$ and $q_{3}$ as

$$
\begin{aligned}
{ }^{s_{0}} T_{s_{3}} & ={ }^{s_{0}} T_{s_{1}} \cdot{ }^{s_{1}} T_{s_{2}} \cdot{ }^{s_{2}} T_{s_{3}}, \\
{ }^{s_{0}} T_{s_{3}} & =\left[\begin{array}{cccc}
c_{1} s_{3}-c_{3} s_{1} s_{2} & -c_{2} s_{1} & c_{1} c_{3}+s_{1} s_{2} s_{3} & l_{u} c_{2} s_{1} \\
s_{1} s_{3}+c_{1} c_{3} s_{2} & c_{1} c_{2} & c_{3} s_{1}-c_{1} s_{2} s_{3} & -l_{u} c_{1} c_{2} \\
-c_{2} c_{3} & s_{2} & c_{2} s_{3} & -l_{u} s_{2} \\
0 & 0 & 0 & 1
\end{array}\right],
\end{aligned}
$$

with $c_{i}=\cos \left(q_{i}\right)$ and $s_{i}=\sin \left(q_{i}\right), i=\{1,2,3\}$. This matrix determines the coordinate system $s_{3}$ with respect to the system $s_{0}$, i.e. the known matrix ${ }^{r} T_{s}$ and, therefore, two possible solutions of the shoulder joints can be obtained, expressed with the nomenclature presented in (1): (i) if $q_{2} \in\left[\begin{array}{ll}0 & \pi\end{array}\right]$

$$
\begin{aligned}
& q_{1}=\operatorname{atan} 2\left(-n_{y}, o_{y}\right), \\
& q_{2}=\operatorname{atan} 2\left(a_{y}, \sqrt{n_{y}^{2}+o_{y}^{2}}\right), \\
& q_{3}=\operatorname{atan} 2\left(a_{z},-a_{x}\right)
\end{aligned}
$$

and (ii) if $q_{2} \in\left[\begin{array}{ll}-\pi & 0\end{array}\right]$

$$
\begin{aligned}
& q_{1}=\operatorname{atan} 2\left(n_{y},-o_{y}\right) \\
& q_{2}=\operatorname{atan} 2\left(a_{y},-\sqrt{n_{y}^{2}+o_{y}^{2}}\right) \\
& q_{3}=\operatorname{atan} 2\left(-a_{z}, a_{x}\right)
\end{aligned}
$$

The flexion-extension of the elbow, joint $q_{4}$, affects the distance $\overline{S W}$ and, therefore, it can be unequivocally computed through the law of the cosines as

$$
q_{4}=\arcsin \left(\frac{l_{u}^{2}+l_{f}^{2}-\|W-S\|^{2}}{2 l_{u} l_{f}}\right)
$$

Since the wrist location is given by the robot end-effector pose, its transformation matrix ${ }^{r} T_{w}={ }^{s_{0}} T_{s_{7}}$ is known. Thus, the wrist joints can be also estimated following the criterion used to solve the shoulder joints as

$$
\begin{aligned}
{ }^{s_{4}} T_{s_{7}} & =\left({ }^{s_{0}} T_{s_{3}} \cdot{ }_{3} T_{s_{4}}\right)^{-1} \cdot{ }^{s_{0}} T_{s_{7}}, \\
{ }^{s_{4}} T_{s_{7}} & =\left[\begin{array}{cccc}
c_{5} c_{7}-s_{5} s_{6} s_{7} & -c_{6} s_{5} & c_{5} s_{7}+c_{7} s_{5} s_{6} & 0 \\
c_{7} s_{5}+c_{5} s_{6} s_{7} & c_{5} c_{6} & s_{5} s_{7}-c_{5} c_{7} s_{6} & 0 \\
-c_{6} s_{7} & s_{6} & c_{6} c_{7} & l_{f} \\
0 & 0 & 0 & 1
\end{array}\right],
\end{aligned}
$$

with ${ }^{s_{3}} T_{s_{4}}$ the homogeneous matrix of the joint $q_{4}$. Two possible solutions can be also obtained, the first solution is

$$
\begin{aligned}
q_{5} & =-\operatorname{atan} 2\left(n_{y}, o_{y}\right), \\
q_{6} & =\arcsin \left(a_{y}\right) \\
q_{7} & =-\operatorname{atan} 2\left(a_{x}, a_{z}\right)
\end{aligned}
$$

and, the second solution, due to $q_{6}$ is computed through the $\arcsin$, is

$$
\begin{aligned}
q_{5} & =\pi-\operatorname{atan} 2\left(n_{y}, o_{y}\right), \\
q_{6} & =\pi-\arcsin \left(a_{y}\right) \\
q_{7} & =\pi-\operatorname{atan} 2\left(a_{x}, a_{z}\right) .
\end{aligned}
$$

Thereby, four solutions, two due to the shoulder joints and two due to the wrist joints, can satisfy the kinematic constrains. However, only one solution accomplishes the anatomical features of the human upper limb. This statement is provable because the human arm joints vary in $[-\pi / 2 \quad \pi / 2]$ and each solution belongs either $\left[\begin{array}{ll}0 & \pi\end{array}\right]$ range or $\left[\begin{array}{ll}0 & -\pi\end{array}\right]$ range and, therefore, the initial arm joints remain defined.

