Table 1. Receptors and proteins mediating receptor-mediated transcytosis (RMT) or carrier-mediated transcytosis (CMT) at the blood-brain barrier.

RMT receptor	Target biology	BBB carriers
(class) Iron transporter		
Transferrin receptor (TFRC)	Transferrin receptor (TfR) is a carrier protein for transferrin. It imports iron into the cell (via a receptor-mediated endocytosis) and is regulated in response to intracellular iron concentration.  TfR1/CD71 encoded by TFRC is a transmembrane glycoprotein composed of two disulfide-linked monomers joined by two disulfide bonds. Each monomer binds one holo-transferrin molecule creating an iron-Tf-TfR complex which enters the cell by endocytosis and crosses the BBB by transcytosis.	Various rat-, mouse, and human-specific antibodies against TfR have been engineered as BBB carriers for therapeutic cargos, including bi-specific antibodies [1,2]. An anti-human TfR antibodies have entered Phase 1 clinical trials for brain delivery of $A\beta$ -binding antibody (Roche) and iduronate-2-sulfatase for patients with Hunter syndrome (JCR Pharmaceuticals Co., Ltd).
Insulin transporters		
Insulin receptor (INSR)	INSR is receptor tyrosine kinase which mediates the pleiotropic actions of insulin. Binding of insulin leads to phosphorylation of several intracellular substrates. Phosphorylation of IRSs proteins leads to the activation of two main signaling pathways: the PI3K-AKT/PKB pathway, which is responsible for most of the metabolic actions of insulin, and the Ras-MAPK pathway involved in control of cell growth and differentiation. In addition to binding insulin, the insulin receptor can bind insulin-like growth factors (IGF1 and IGF2). Insulin receptor is expressed highly in the liver and intestine, and moderately in pancreas and choroid plexus (mice) [3].	A humanized chimeric antibody against insulin receptor is developed by Armagen Inc [4-6] and is in clinical trials as brain delivery 'carrier' for lysosomal enzymes in patients with Hunter and Hurler syndromes [5]. Insulin receptor antibody-enzyme fusions show fast systemic pharmacokinetics and moderate agonistic action on insulin receptor [5].

Insulin Growth	IGF1R is receptor tyrosine kinase which mediates	Humanized camelid single-domain antibodies against
Factor 1 Receptor	actions of insulin-like growth factor 1 (IGF1).	IGF1R, which do not interfere with IGF1 binding to the
(IGF1R)	IGF1R binds IGF1 with high affinity and IGF2 and	receptor have been shown to cross the BBB via receptor-
(IOI III)	insulin (INS) with low affinity. Ligand binding	mediated transport [8,9]. Selected IGF1R V <sub>H</sub> Hs with
	activates the receptor kinase, leading to receptor	species cross-reactivity demonstrated a saturable, energy-
	autophosphorylation, and tyrosine phosphorylation	dependent transport across the human BBB model <i>in vitro</i>
	of multiple substrates, and subsequent activation of	and highly enhanced brain and CSF exposure in rats [10].
	two main signalling pathways: the PI3K-AKT/PKB	and highly childheed orani and est exposure in rats [10].
	pathway and the Ras-MAPK pathway; receptor	
	activation is involved in cell growth and survival	
	control.	
	The transport of circulatory IGF1 across the BBB <i>in</i>	
	<i>vivo</i> is modulated by local neuronal activity [7].	
Insulin-like growth	The cation-independent mannose-6-	IGF2R is tested as potential 'shuttle' for M6P enriched
factor 2 receptor	phosphate/insulin-like growth factor-II receptor	lysosomal enzymes for treating lysosomal storage
(IGF2R)/cation-	(IGF2R) is a membrane-bound glycoprotein	diseases. Some cross-BBB transport was demonstrated in
independent	consisting of 15 homologous extracellular repeat	mice in early postnatal age, but was completely lost in
mannose-6-	domains. The major function of this receptor is	adult mice [11]. Re-induction of IGF2R expression in
phosphate receptor	trafficking of mannose-6 phosphate (M6P)-	adult brain vessels was suggested as a strategy to improve
	containing lysosomal enzymes from the trans-Golgi	enzyme delivery.
	network to the endosomes and their subsequent	
	transfer to lysosomes. The IGF2R also plays a major	
	role in binding and regulating the circulating and	
	tissue levels of IGF2.	
	The IGF2R gene is developmentally regulated.	
	Evidence suggest that IGF2R is expressed at the	
	BBB in early postnatal life, but is downregulated in	
T • • • • • • • • • • • • • • • • • • •	adult BBB.	
Lipid transporters	I DI D	D (11) 11) 1 (IDID (11) (C) 1
Low-density	LDL-R is a mosaic protein of 839 amino acids that	Peptide ligands binding to LDLR were identified using
lipoprotein receptor	mediates the endocytosis of cholesterol-rich LDL. It	phage-display screening approach. Two lead peptides
(LDLR)	recognizes apoprotein B100, which is embedded in	

	the outer phospholipid layer of LDL particles, as	(VH434 and VH4127) have been shown to mediate
	well as apoE protein in chylomicron remnants and	LDLR-dependent BBB transcytosis [13].
	VLDL remnants (IDL). In humans, the LDL	
	receptor protein is encoded by the <i>LDLR</i> gene and	
	belongs to the Low density lipoprotein receptor gene	
	family [12].	
Low-density	LRP1 is a plasma membrane protein involved in	LRP-1 has been implicated in BBB receptor-mediated
lipoprotein	receptor-mediated endocytosis. In humans, the	transport of melanotransferrin [14] and peptide ligands
receptor-related	LRP1 protein is encoded by the <i>LRP1</i> gene. LRP1 is	(Aprotinin, Angiopep2) [15]. Angiochem Inc, a developer
protein 1 (LRP1)	also a signalling protein involved in lipoprotein	of angiopep2-paclitaxel conjugate has initiated Phase III
	metabolism and cell motility, as well as in	clinical trials for treatment of brain tumors.
	neurodegenerative diseases, atherosclerosis, and	Antibodies raised against LRP-1 [16] failed to show
	cancer. LRP-1 binds numerous ligands, including	enhanced brain uptake compared to control antibodies.
	alpha2-macroglobulin, amyloid β, APOE and others.	•
Low-density	LRP8 is a cell surface receptor belonging to the	Fluorescence-labeled anti-LRP8 antibody was shown to
lipoprotein	LDL receptor family which participates in	transport across the BBB into mouse brain [18].
receptor-related	endocytosis and signal transduction. It co-localises	
protein 8	with the vascular endothelial cell marker	
(LRP8/ApoER2)	CD31/Pecam1 in mouse brain [17]. Through	
	interactions with one of its ligands, reelin, LRP8	
	plays an important role in embryonic neuronal	
	migration and postnatal long-term potentiation.	
	Decreased expression of LRP8 is associated with	
	certain neurological diseases.	
Transmembrane	TMEM30A is a β subunit (transport to plasma	A putative receptor of the BBB-crossing single-domain
protein 30A	membrane) of a catalytic P4-ATPase flippase. P4-	antibody FC5 [20,21], isolated from llama VhH libraries
(TMEM30A)/CDC	ATPase flippase complex catalyzes hydrolysis of	by function-first panning [22]. FC5 and its humanized
50A/P4 flippase	ATP coupled to the transport of aminophospholipids	variants have been fused with various centrally acting
	from the outer to the inner leaflet of various	payloads, including neuropeptides and full monoclonal
	membranes and ensures the maintenance of	antibodies [23-25].
	asymmetric distribution of phospholipids.	
	Phospholipid translocation has been implicated in	

	vesicle formation and in uptake of lipid signalling molecules [19]	
Solute carriers		
SLC2A1/GLUT1	SLC2A1, also known as glucose transporter 1 (GLUT1), is a uniporter membrane protein encoded by the <i>SLC2A1</i> gene. SLC2A1 facilitates the transport of glucose across the plasma membrane and is among the most abundant genes/proteins	An antibody raised against SLC2A1 by Genentech [16] showed a three-fold higher levels in the total brain extracts 1 h after iv administration, compared to control antibody.
	expressed at the blood-brain barrier.	Glucosylated nanocarrier (micells) was developed to target GLUT1 for delivering siRNA across the mouse BBB [26].
SLC3A2/CD98hc	SLC3A2 comprises the heavy subunit of the large neutral amino acid transporter (CD98hc). SLC3A2 is a transmembrane protein and exists as the heavy chain of a heterodimer, covalently bound through disulfide bonds to one of several possible light chains. It associates with integrins and mediates integrindependent signaling related to normal cell growth and tumorigenesis.	Bispecific antibodies targeting CD98hc and BACE1 were developed and shown to have brain exposure and pharmacodynamic effects on Aβ levels in transgenic mice similar to that achieved by TfR-BACE1 bispecific antibodies [27].
Neuroactive peptide receptors		
Leptin receptor (LEPR)	Leptin receptor is a single-transmembrane domain Type I cytokine receptor that functions as a receptor for the fat cell-specific hormone leptin. The leptin regulates adipose-tissue mass through hypothalamic effects on hunger and energy use.	Leptin-derived peptides bind to leptin receptor and the complex is transported across the BBB [25]. A leptin-derived peptide was used to modify pegylated nanoparticles carrying DNA plasmid, resulting in high efficiency of gene delivery into the brain [28]

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## **Supplementary Figure Legends**

**Supplementary Figure 1**. RNA-seq data quality and correlation within and between datasets. Comparative analyses were conducted between RNA-seq data generated in this study (NRC data) and the data from the public domain for human total brain (A) and lung (B) as well as between replicates in human total brain (C), brain vessels (D) and lung (E). Each plot represents the expression of all protein-coding genes; the red line correspond to a linear regression between log2 normalized read counts in each comparison.

Supplementary Figure 2: A) Heat maps showing normalized RNA abundance of the indicated genes in human BMVs compared to public datasets. Legends: BMVs, human brain vessels isolated in this study; Brain endothelial cells (EC), Astrocytes and Neurons are from single cell RNAseq analysis from Barres and co-workers [1, 2]; Brain from whole brain; Lung from whole lung tissues. B) Heat maps showing normalized RNA abundance of the indicated genes in mouse BMVs compared to public datasets. Legends: BMVs, mouse brain vessels isolated in this study; Brain EC, Pericytes, Astrocytes and Lung EC are from single cell RNAseq from Betsholtz and co-workers [3, 4].

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