

Figure 1: *STRS* Full version (2 minutes)

<p>STRS: (Bracha, Williams, Haynes, Kubany et al. 2004) A distress checklist with panic-like sympathetic indicators; designed to facilitate the augmentation of the positive predictive validity of PTSD criterion A2 in post-disaster screening and acute stress response research.</p>	<h1 style="margin: 0;"><i>STRS</i></h1> <h2 style="margin: 0;">A Symptom Checklist for Acute Distress (Shortness, Trembling, Racing, Sweating)</h2> <p style="margin: 0;">Full version (2 minutes)</p>																
<p><b>Interviewer:</b> Complete one page for each self-reported incident.  <b>Record age at which incident was experienced. Read aloud only shaded - capitalized texts.</b></p>																	
<p>YOU HAVE SAID _____ HAS HAPPENED TO YOU # ____ TIMES.          I WANT TO ASK YOU SOME QUESTIONS ABOUT YOUR REACTIONS TO THE          (Circle) 1st 2nd 3rd 4<sup>th</sup> TIME.</p>																	
<p><b>Interviewer: Record age at the time of circled incident here ____ years</b></p>																	
<p>PLEASE INDICATE WHETHER YOU HAD ANY OF THESE FEELINGS, OR THOUGHTS, DURING THE TIME (name incident) WAS GOING ON, THAT IS, WHILE IT WAS HAPPENING. DID YOU FEEL ANY OF THESE:          NOT AT ALL, SLIGHTLY, SOMEWHAT, VERY MUCH, OR AN EXTREME AMOUNT ?</p>																	
<b>DID YOU FEEL...</b>	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">NOT AT ALL</td> <td style="width: 15%;">SLIGHTLY</td> <td style="width: 15%;">SOMEWHAT</td> <td style="width: 15%;">VERY MUCH</td> <td style="width: 15%;">AN EXTREME AMOUNT</td> </tr> </table>	NOT AT ALL	SLIGHTLY	SOMEWHAT	VERY MUCH	AN EXTREME AMOUNT											
NOT AT ALL	SLIGHTLY	SOMEWHAT	VERY MUCH	AN EXTREME AMOUNT													
THAT YOU OR A SIGNIFICANT OTHER WOULD BE SERIOUSLY PHYSICALLY INJURED / KILLED ?	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
0	1	2	3	4													
<p>DSM-IV-TR PTSD Criterion <b>A1</b> total →</p>																	
<p style="text-align: right;">/4</p>																	
INTENSELY FEARFUL? SCARED ?	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
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HELPLESS ?	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
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HORROR ? *	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
0	1	2	3	4													
<p>DSM-IV-TR PTSD Criterion <b>A2</b> total →</p>																	
<p style="text-align: right;">/12</p>																	
<b>DID YOU EXPERIENCE...</b>	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">NOT AT ALL</td> <td style="width: 15%;">SLIGHTLY</td> <td style="width: 15%;">SOMEWHAT</td> <td style="width: 15%;">VERY MUCH</td> <td style="width: 15%;">AN EXTREME AMOUNT</td> </tr> </table>	NOT AT ALL	SLIGHTLY	SOMEWHAT	VERY MUCH	AN EXTREME AMOUNT											
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<b>SHORTNESS OF BREATH ?</b>	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
0	1	2	3	4													
<b>TREMBLING, SHAKING, OR BUCKLING KNEES ?</b>	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
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<b>HEART POUNDING OR RACING ?</b>	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
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<b>SWEATY PALMS ?</b> ____ OTHER SWEATING ? ____	<table border="1" style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="width: 15%;">0</td> <td style="width: 15%;">1</td> <td style="width: 15%;">2</td> <td style="width: 15%;">3</td> <td style="width: 15%;">4</td> </tr> </table>	0	1	2	3	4											
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<p><b><i>STRS</i></b> Peritraumatic Sympathetic Activation Indicators total →</p>																	
<p style="text-align: right;">/16</p>																	
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Y Y Y Y</td> <td style="width: 15%; text-align: center;">M M</td> <td style="width: 15%; text-align: center;">D D</td> </tr> <tr> <td>Date</td> <td style="text-align: center;">20 _____</td> <td></td> <td></td> </tr> <tr> <td>DOB</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Derived Age</td> <td></td> <td></td> <td></td> </tr> </table>		Y Y Y Y	M M	D D	Date	20 _____			DOB				Derived Age				Code / ID OR Other information about the distressing incident:
	Y Y Y Y	M M	D D														
Date	20 _____																
DOB																	
Derived Age																	
<p>* Horror was not part of the original validated STRS (see text) but is now recommended based on subsequent research.</p>																	
<p><b><i>STRS</i></b> total →</p>																	
<p style="text-align: right;">/32</p>																	