

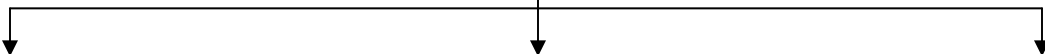
Patient Recruitment:
Advertisements at Murdoch University (MU), Community boards, Newspapers & emails to MU staff and students



Clinic visit:
Screening questionnaire
History and Physical examination
Informed consent



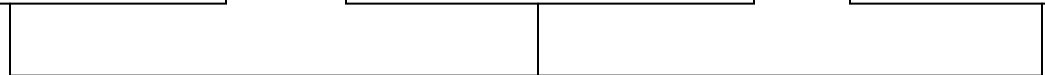
Baseline Visit:
VAS, Oswestry, SF-36 and socioeconomic data
Random group assignment



Spinal Manipulative Therapy:
10 sessions over 3-4 weeks

Graston Therapy:
2 treatments/ week over 3-4 weeks

Placebo:
8 minutes of US
10 sessions over 3-4 weeks



One week follow up:
VAS, Oswestry, SF-36 via mail



Four week follow up:
VAS, Oswestry, SF-36 via mail



Three month follow up:
VAS, Oswestry, SF-36 via mail



Six month and 1 year follow up:
VAS, Oswestry, SF-36 via mail
Log book collected i.e. additional treatment sought, adverse effects from treatment