

Level of Evidence*	Actions Supported
High and Moderate quality POSITIVE evidence	<ul style="list-style-type: none"> <li>• Supports public <b>favorable</b> claims regarding effectiveness</li> <li>• Advise patients that this is an effective treatment choice</li> </ul>
INCONCLUSIVE, but favorable evidence	<ul style="list-style-type: none"> <li>• Does not support any public claims regarding effectiveness</li> <li>• Recommend effective alternative if available</li> <li>• Advise patients that this is a treatment option in the absence of an effective alternative</li> </ul>
INCONCLUSIVE, and unclear direction of evidence	<ul style="list-style-type: none"> <li>• Recommend effective alternative if available</li> <li>• Advise patients that the effectiveness of this treatment option has not been established</li> </ul>
INCONCLUSIVE, but non-favorable evidence	<ul style="list-style-type: none"> <li>• Advise patients that this treatment option is unlikely to be effective</li> <li>• Recommend effective alternative if available</li> </ul>
High and Moderate quality NEGATIVE evidence	<ul style="list-style-type: none"> <li>• Advise patients <b>AGAINST</b> this as a treatment option</li> <li>• Recommend effective alternative if available</li> </ul>

\*See definitions for levels of evidence within the methods section.