

Extremity Conditions	Intervention	Evidence		
		Inconclusive	Moderate	High
Shoulder Girdle Pain/ Dysfunction	Manipulation/ mobilization		positive	
Rotator Cuff Pain	Manipulation/ mobilization	favorable		
Shoulder Pain	Massage	favorable		
Adhesive Capsulitis	High-grade mobilization		positive	
Tennis Elbow (Lateral Epicondylitis)	Manipulation	non-favorable		
Tennis Elbow (Lateral Epicondylitis)	Manual tender point therapy	favorable		
Tennis Elbow (Lateral Epicondylitis)	Mobilization with exercise		positive	
Carpal Tunnel Syndrome	Manipulation/ mobilization	favorable		
Hip Osteoarthritis	Manipulation/ mobilization		positive	
Hip Arthroplasty Rehabilitation	Osteopathic manipulative therapy (OMT)	non-favorable		
Knee Osteoarthritis	Manipulation/ mobilization with exercise		positive	
Patellofemoral Pain Syndrome	Manipulation/ mobilization with exercise		positive	
Knee Arthroplasty Rehabilitation	OMT	non-favorable		
Knee Osteoarthritis	Massage	favorable		
Ankle Sprains	Manipulation/ mobilization	favorable		
Ankle Fracture Rehabilitation	Mobilization		negative	
Plantar Fasciitis	Manipulation/ mobilization with exercise		positive	
Morton's Neuroma	Manipulation/ mobilization	favorable		
Hallux Limitus	Manipulation/ mobilization	favorable		
Hallux Abducto Valgus	Manipulation/ mobilization	favorable		