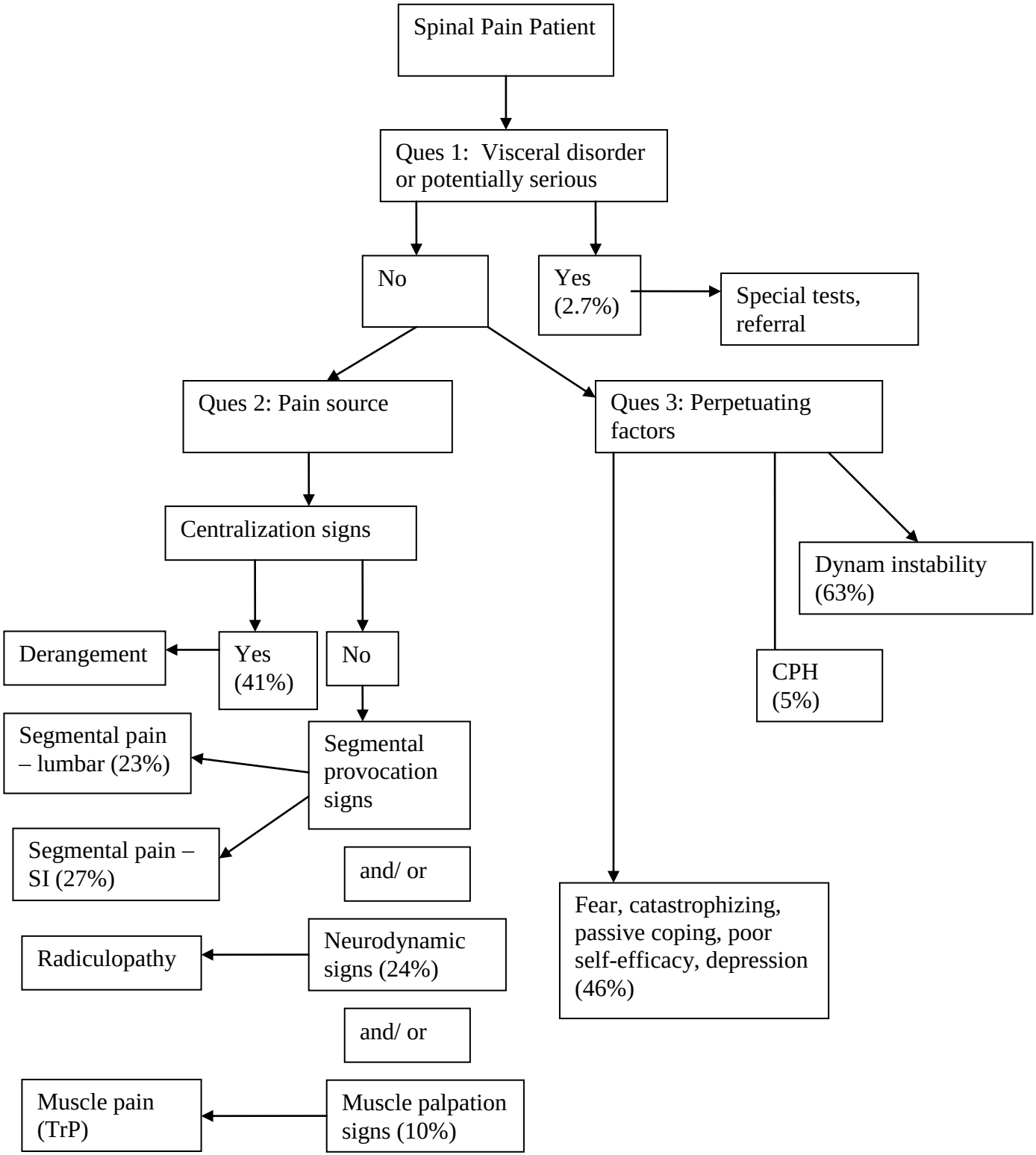
Spinal Pain Patient
Ques 1: Visceral disorder or potentially serious
No
Yes (2.7%)
Special tests, referral
Ques 2: Pain source
Ques 3: Perpetuating factors
Centralization signs
Dynam instability (63%)
Derangement
Yes (41%)
No
CPH (5%)
Segmental pain – lumbar (23%)
Segmental provocation signs
Segmental pain – SI (27%)
and/ or
Fear, catastrophizing, passive coping, poor self-efficacy, depression (46%)
Radiculopathy
Neurodynamic signs (24%)
and/ or
Muscle pain (TrP)
Muscle palpation signs (10%)