Additional file 1. Outcome measures

Outcome	Source	Description of measures	Data collection time points
Feasibility			
Recruitment	Chiropractors and Patients	Measured as a proportion of chiropractors and patients potentially eligible for participating. Eligibility rate = number of eligible chiropractors and patients divided by	Initial Stage
		the number of invited chiropractors or patients.	
		Participation rate = number of chiropractors and patients agreeing to participate divided by number of eligible chiropractors and patients.	
Adherence to protocol	Chiropractors	For those randomized to intervention arm, measured through the rates of attendance of all 3 webinars, associated quizzes, completion of 2 clinical vignettes and the self-management learning module.	Within 6 weeks of assignment
	Patients	Rate of adherence to follow-up visits, prescribed home exercise and physical activity	Baseline 3 months
Adherence perception (knowledge and self- efficacy)	Chiropractors and patients	Completion of questionnaires	Baseline 3 months

Retention	Chiropractors	Retention rate = number of Baseline 3 months
	and patients	chiropractors or patients who
		completed follow-up of all outcome
		measures at 3 months divided by
		number of chiropractors or patients
		who were randomized.
	Chiropractors	Rate of completion of patient Baseline 3 months
		encounter forms and questionnaires
		including levels of knowledge and
		self-efficacy and the BAP.
	Patients	Rate of completion of patient Baseline 3 months
		encounter forms and questionnaires
		including the BAP, Visual Analogue
		Scale (VAS), Neck Disability Index
		(NDI) and satisfaction with care