Construct	Parameter
Chiropractors	Eligibility proportion
Recruitment	Trial acceptance rate: $\geq 20\%$ agree to participate within six weeks. Target population = 40 (assuming an 80% retention rate)
Retention	80% of participants will complete three months of patient follow-up
Adherence to protocol	>80% of participants will complete all 3 webinars, associated quizzes, 2 clinical vignettes, and a self- management learning module.
Patients	
Recruitment	Trial acceptance rate: 5 patients per clinician within 6 weeks of recruitment notice. Target population = 160 (assuming an 80% recruitment rate)
Retention	\geq 80% will complete patient encounter forms (VAS, NDI, and PSQ-18) and follow-up at 3-months
Adherence to protocol	80% will attend regular treatment sessions twice/week. > 80% will comply with prescribed home exercise and physical activity.