

Inventory of Traditional Herbal Plants Used by the Yi People

Scientific Name	Family Name	Local Name	Life Form	Parts Used	Medicinal Uses	Preparing Methods
<i>Acanthopanax trifoliatum</i> Merr.	Araliaceae	baqiluosai	Shrub	Root	Rheumatoid arthritis, jaundice, wound, fever	New: decoction with (without) radish piece
<i>Achyranthes aspera</i> L.	Amaranthaceae	ninajiezai	Annual or biennial herb	Root	Irregular menstruation, gonorrhea	Decoction
<i>Aesculus chinensis</i> Bunge.	Hippocastanaceae	peizou	Deciduous arbor	Bark	Stomachache, toothache	New: decoction with (without) <i>Achyranthes aspera</i> L.
<i>Agapetes lacei</i> Craib	Ericaceae	faluoxi	Evergreen shrub	Root	Wound, stomachache, hepatitis, edema	Decoction with (without) <i>Foeniculum vulgare</i> roots
<i>Agrimonia zeylanica</i> Moon.	Rosaceae	eshiyema	Perennial herb	Whole plant	Migraine, blood problem	Decoction with (without) <i>Caesalpinia sappan</i>
<i>Ainsliaea latifolia</i> var. <i>obovata</i> Grier. et Lauener.	Compositae	peibuluo	Perennial herb	Whole plant	New: high fever (children)	New: soaking in alcohol
<i>Ainsliaea yunnanensis</i> Franch.	Compositae	ruoluwa	Perennial herb	Whole plant	Joint problems, wound, fracture New: madness	Decoction with alcohol
<i>Ajuga decumbens</i> Thunb.	Labiatae	wubonuo	Perennial herb	Whole plant	Trachitis, wound, madness, gonorrhea	Making juice for external using; New: decoction with (without) sugar
<i>Albizzia kalkora</i> Prain.	Mimosaceae	qiaosaimilu	Deciduous arbor	Flower	Rheumatic arthritis, fracture, sleeplessness	New: decoction with (without) <i>Foeniculum vulgare</i> roots
<i>Allium tuberosum</i> Roxb.	Liliaceae	ci'abo	Perennial herb	Root, leaf	Wound, dysentery, regurgitate	Making juice and drinking or for external using
<i>Ampelopsis delavayana</i> Planch.	Vitaceae	yaonübei	Deciduous climbing	Root	Wound, fracture, rheumatic arthritis	Decoction with (without) <i>Tetragium hypoglaucum</i>
<i>Anemone rivularis</i> Buch-Ham.	Ranunculaceae	aimulieshi	Perennial herb	Whole plant	Amygdalitis, chronic hepatitis, stomachache, swelling	Soaking in alcohol; New: making juice or power
<i>Anisodus acutangulus</i> C.Y. Wu et C. Chen	Solanaceae	lejuecai	Perennial herb	Root, leaf	New: stomachache, wound, fracture	New: decoction

<i>Apium graveolens</i> L.var. <i>dulce</i> DC.	Umbelliferae	nedaimu	Perennial cultivated herb	Whole plant	Wind syndrome of head	New: decoction; or making power with <i>Allium tuberosum</i>
<i>Aquilaria sinensis</i> Gilg.	Thymelaeaceae	liwaziwa	Evergreen arbor	Bark	Emesia, asthma; New: constipation	Making powder and drinking; New: decoction with <i>Amomum tsao-kuo</i>
<i>Aristolochia calcicola</i> C.Y. Wu	Aristolochiaceae	hannuonaci	Ligneous liana	Root	Hypertension, cold; New: snakebite	New: making powder with <i>Heracleum lanatum</i>
<i>Artemisia apiacea</i> Hance	Compositae	shiwubai	Annual herb	Whole plant	Nephritis, cold, diarrhea, enteritis	Decoction with (without) <i>Laggera pterodonta</i>
<i>Artemisia japonica</i> Thunb.	Compositae	erkeyika	Perennial herb	Whole plant	Bacillary phthisis, Hypertension, mouth cavity problems	New: decoction with (without) <i>Myriactis delavayi</i>
<i>Aspidistra elatior</i> Blume	Liliaceae	sheluojie	Perennial evergreen	Whole plant	Cough, wound, fracture, bellyache	Decoction or soaking in alcohol
<i>Bauhinia faberi</i> Oliver.	Caesalpiniaceae	peimili	Little shrub	Root, leaf	Neurosis, wound	Decoction with roots (or roots and stems)
<i>Begonia yunnanensis</i> Levl	Begoniaceae	baikaiheitang	Perennial herb	Whole plant	Irregular menstruation, stomachache, wound, emesia	New: decoction with soup of sour pickles
<i>Bidens bipinnata</i> L.	Compositae	nenshi	Annual herb	Whole plant	Dysentery, wound, fever	New: pounding into pulp for the external application, decoction with <i>Dendranthema</i>
<i>Boehmeria nivea</i> Gaud.	Urticaceae	jimabai	Perennial sub-fruticose	Root	Abortion, cold, edema caused by Nephritis, wound	Decoction with lotus and yam
<i>Buddleia officinalis</i> Maxim.	Loganiaceae	weizhongzen uo	Shrub	Root, leaf, flowers	Cough, eye problems; New: hepatitis, asthma,	New: decoction (making primer with alcohol) stewing leaf with eggs
<i>Cacalia palmatisecta</i> Hand- Mazz.	Compositae	luohua	Perennial herb	Whole plant	Common cold, Cough, wound	Decoction
<i>Campylotropis trigonoclada</i> Schneid.	Papilionaceae	songlouzhen g	Little shrub	Root	Gonorrhoea, edema, wound	New: decoction with <i>Ainsliaea latifolia</i> var. <i>obovata</i>
<i>Carpesium cernuum</i> L.	Compositae	nuobatijiedu o	Perennial herb	Whole plant	Cold, toothache, dysentery New: rhachitis	New: decoction with (without) <i>Cynoglossum lanceolatum</i>
<i>Cassia obtusifolia</i> L.	Caesalpiniaceae	zandoujian	Annual sub-fruticose	Seed	Ceratitis, hypertension, stomachache, headache	Decoction (for external using)

<i>Chenopodium ambrosioides</i> L.	Chenopodiaceae	binise	Annual or perennial herb	Whole plant	Cold, ancylostomiasis, nematodiasis, eczema,	New: making pellets with sugar and <i>Setaria italica</i>
<i>Chrysanthemum indicum</i> L.	Compositae	chidou'oudou	Perennial herb	Whole plant	Cold, hypertension, gastritis and enteritis, eczema, anthracia	Decoction and drinking; making juice (for external using)
<i>Clematis obtusidentata</i> Hjeichler	Ranunculaceae	yuwuli	Liana	Whole plant	Cystitis, urethritis	Decoction
<i>Clematis pterae</i> Hand-Mazz.	Ranunculaceae	nimohuangshi	Perennial evergreen	Root, stem	Edema, palmus	Decoction with meat and <i>Adenophora bulleyana</i>
<i>Clerodendrum bungei</i> Steud.	Verbenaceae	xichiji	Deciduous shrub	Whole plant	Hernia, leukorrhea, hypertension, hemorrhoid	New: decoction with the roots of <i>Toona ciliata</i>
<i>Clerodendrum petasites</i> Moore	Verbenaceae	maiheiao	Shrub	Leaf	Wound, hepatitis, sore throat, bronchitis	Decoction with sugar
<i>Conyza blinii</i> Lévl.	Compositae	jiqiaoshi	Annual herb	Whole plant	Amygdalitis, nephritis, toothache, chronic bronchitis	Decoction with honey or brown sugar
<i>Conyza japonica</i> Less.	Compositae	heibainongshi	Annual or biennial herb	Whole plant	Eczema, amygdalitis, laryngitis, alveolysis	Decoction New: gargle with medicine water
<i>Corydalis edulis</i> Maxim.	Papaveraceae	benzhiduoqi	Annual herb	Root	Bacillary phthisis, sore throat, otitis media	Stewing with pig's knuckles
<i>Corydalis thalictrifolia</i> Franch.	Papaveraceae	wazimoci	Perennial herb	Whole plant	Hemorrhoid, stomachache	Decoction with alcohol; or making powder for external using
<i>Crepis napifera</i> Bab.	Compositae	talawa	Perennial herb	Root	Stomachache, bronchitis, cough, wound	New: making powder after removed the bubble
<i>Cryptolepis buchananii</i> Roem. et Schult.	Asclepiadaceae	aqina	Liana	Root	Wound, fracture, stomachache	Decoction; or soaking in alcohol
<i>Cucubalus baccifer</i> L.	Caryophyllaceae	kahousi	Perennial herb	Whole plant	Wound, fracture, hernia, edema, bacillary phthisis	pounding into pulp for external using; or soaking in alcohol
<i>Cuscuta chinensis</i> Lam.	Cuscutaceae	menyishi	Annual autoecious	Whole plant	Leukorrhea, eczema, hepatitis	Decoction with honey or brown sugar
<i>Cynanchum amplexicaule</i> Hemsl.	Asclepiadaceae	nuopeinuoci	Perennial herb	Root	Eczema, enteritis, irregular menstruation	Making powder (taking in alcohol) New: taking juice which squeeze roots with

<i>Cynanchum otophyllum</i> Schneid.	Asclepiadaceae	roujiboqi	Perennial herbal liana	Root	Wound, stomachache, madness, sonitus, epilepsy	Decoction with meat; or soaking in alcohol
<i>Cynodon dactylon</i> Pers.	Gramineae	momozalabai	Perennial herb	Whole plant	Wound, toothache, hepatitis; New: dysentery	Pounding into pulp for external application New: stewing with pork and <i>Adenophora</i>
<i>Cynoglossum lanceolatum</i> Forsk.	Boraginaceae	anudeniang	Herb	Root	Irregular menstruation, cystitis	Decoction
<i>Dactylicapnos scandens</i> Hutch.	Papaveraceae	wugeinü	Perennial herbal liana	Root	Pains, wound; New: dysentery	Decoction or powder (internal use); or soaking in alcohol
<i>Daphne feddei</i> Lévl.	Thymelaeaceae	aluobaluoji	Evergreen shrub	Whole plant	Wound, rheumatoid arthritis, stomachache	Making pellet or powder, decoction with honey
<i>Desmodium microphyllum</i> DC.	Papilionaceae	mindexiong	Perennial creepy herb	Whole plant	Menstruation problems, dysentery	Decoction with (without) <i>Gaultheria yunnanensis</i> and brown sugar
<i>Dichrocephala benthamii</i> C. B. Clarke.	Compositae	womidu	Annual herb	Whole plant	Stomachache, mouth problems	Decoction New: squeeze juice with alcohol for
<i>Didymocarpus yunnanensis</i> C. E. C. Fisch.	Gesneriaceae	sinuoqi	Perennial herb	Whole plant	Wound, cough, fracture	Stewing with alcohol, making powder (for external using)
<i>Diospyros mollifolia</i> Rehd et Wils.	Ebenaceae	seyili	Evergreen shrub or little	Fruit, leaf	Chronic diarrhea, dyspepsia (child)	Decoction with <i>Crataegus pinnatifida</i>
<i>Disporum cantoniensis</i> Merr.	Orchidaceae	chenshan	Perennial herb	Root	Menstruation problem New: bacillary phthisis	Decoction with eggs
<i>Duchesnea indica</i> Focke.	Rosaceae	shelici	Perennial herb	Whole plant	Irregular menstruation, snake bites	Pounding into pulp the external application New: decoction with alcohol and brown
<i>Eria pannea</i> Lindl.	Orchidaceae	luoduo	Perennial adnascent	Whole plant	Wound, fracture, medicinal poisoning, chronic bronchitis	Decoction with big red ginseng
<i>Eriosema chinense</i> Vogel.	Papilionaceae	qubenjing	Herb	Root	Liver and Lung problems	Decoction with sugar or honey
<i>Euonymus japonicus</i> Thunb.	Celastraceae	houbaikeben shi	Evergreen shrub or ardor	Root	Irregular menstruation	Stewing with meat
<i>Evodia lepta</i> Merr.	Rutaceae	shaochaoshi ka	Deciduous shrub or little	Whole plant	Rheumatoid arthritis, skin problems, eczema	Decoction

<i>Excoecaria acerifolia</i> Fdidr.	Euphorbiaceae	jinni	Evergreen little arbor	Whole plant	Toothache, jaundice, cough	Decoction
<i>Gaultheria yunnanensis</i> Rehd.	Ericaceae	jiemaixiong	Evergreen shrub	Whole plant	Wound, toothache, eczema	Decoction (for internal using or for external using)
<i>Gerbera anandria</i> Sch.-Bip.	Compositae	baiyibeiding	Perennial herb	Root	Toothache, blood loss	Decoction with <i>Epaltes australis</i>
<i>Girardinia palmata</i> Gaud.	Urticaceae	ajiyan	Perennial herb	Whole plant	Edema, skin itch	Stewing with herb of maidenhair and pig's foot
<i>Gynura segetum</i> Merr.	Compositae	nianggemmo	Perennial herb	Whole plant	Menstruation problems, wound, rheumatics	Decoction, squeeze juice (boiled water medicine)
<i>Hedyotis pinifolia</i> Wall.	Rubiaceae	niangjiebowo	Annual herb	Whole plant	Palmus, wound New: ahypnia	Decoction with (without) buffalo's horn powder
<i>Helicia erratica</i> Hook. f.	Proteaceae	mitaile	Evergreen arbor	Root	Dyspepsia, enteritis, food poison, dysentery	Decoction with brown sugar
<i>Hemerocallis plicata</i> Stapf.	Liliaceae	guangyinshixing	Perennial herb	Root	Lung problems, stomachache	New: stewing with eggs
<i>Houttuynia cordata</i> Thunb.	Saururaceae	chaci'a	Perennial herb	Whole plant	Eczema, hemorrhoid; New: hepatitis	Decoction with brown sugar
<i>Hydrocotyle sibthorpioides</i> Lam.	Umbelliferae	zebaiwa	Perennial creopy herb	Whole plant	Icteric hepatitis, cough, amygdalitis, eyes problems;	Decoction with (without) <i>Artemisia capillaris</i>
<i>Hypericum patulum</i> Thunb.	Hypercaceae	Yizhiqiaji yizhitaji	Half-evergreen shrub	Whole plant	Dog bites New: snake bites	With root of <i>Vigna cylindrica</i> pounding into pulp for external using
<i>Indigofera mengtseana</i> Craib	Papilionaceae	gedugaduo	Sub-shrub	Root	Mastitis, joint pain, rheumatism, leprosy	Decoction with <i>Tetrastigma hypoglaucum</i>
<i>Indigofera pseudotinctoria</i> Mats.	Papilionaceae	kuchuxi	Sub-shrub	Whole plant	Amygdalitis, hemorrhoid, cold and cough	Decoction New: stewing with mixed pork
<i>Inula cappa</i> DC.	Compositae	nitusai	Perennial herb	Whole plant	Chronic nephritis, hemorrhoid, cholecystitis	Decoction (for external using)
<i>Knoxia valerianoides</i> Thorel	Rubiaceae	Shidao	Perennial herb	Root	Edema, hemophthisis; New: ahypnia	New: soaking in akohol

<i>Lemma minor</i> L.	Lemnaceae	yiwei	Hydrophytic little herb	Whole plant	Skin problems, edema	New: decoction with black bean
<i>Leycesteria taiwanensis</i> Wall	Caprifoliaceae	panjiangtuo	Deciduous shrub	Whole plant	Cystitis, edema, hemorrhoid, hepatitis, fracture	New: stewing with hen and <i>Anemone cathayensis</i> roots
<i>Litsea euosma</i> W. W. Smith.	Lauraceae	shisuo	Deciduous little arbor	Whole plant	Dyspepsia, stomachache, wound	Decoction with fruits of <i>Crataegus pinnatifida</i> , pericarp of <i>Citrus madurensis</i>
<i>Loxostigma griffithii</i> Clarke.	Gesneriaceae	zuini	Perennial herb	Whole plant	Wound, dyspepsia, influenza	Decoction
<i>Lycopodium complanatum</i> L.	Lycopodiaceae	yizhea	Perennial herb	Whole plant	Fracture, wound New: edema	Decoction or soaking in alcohol
<i>Malva verticillata</i> L.	Malvaceae	si'aobaobaop a	Perennial herb	Whole plant	Irregular menstruation; New: ahypnia, hematuria	New: stewing with pork
<i>Marsdenia tenacissima</i> Weight et Arm.	Asclepiadaceae	adazai	Deciduous ligneous liana	Whole plant	Bronchitis	Decoction
<i>Munronia henryi</i> Harms.	Meliaceae	lilutu	Dwarfish sub-shrub	Whole plant	Rheumatoid arthritis, stomachache, cold;	Decoction or soaking in alcohol
<i>Murraya paniculata</i> Jack.	Rutaceae	bennaxi	Evergreen shrub or little	Root, leaf	Hepatitis, stomachache, wound	New: making powder with <i>Zanthoxylum simulans</i> leaf
<i>Paederia scandens</i> Merr.	Rubiaceae	keqiliegu	Perennial herbal liana	Whole plant	Irregular menstruation	Decoction
<i>Paris polyphylla</i> var. <i>yunnanense</i> Hand.-Mazz.	Trilliaceae	niupalie	Perennial herb	Rhizome	Traumatism, wound, toothache, snake bite, arthritis, malaria	Decoction for oral-taking, grind powder for external or oral use
<i>Patrinia scabiosaeifolia</i> Fisch ex Link.	Valerianaceae	sheweilong	Perennial herb	Whole plant	Schizophrenia, enteritis	New: decoction with <i>Lonicera japonica</i> flowers
<i>Pholidota articulata</i> Lindl	Orchidaceae	feidoululie'er	Perennial adnascent	Whole plant	Headache, Cough, leucorrhea	Soaking in alcohol
<i>Pholidota chinensis</i> Lindl	Orchidaceae	gushangye	Perennial herb	Whole plant	Wound, fracture	Making the formula or for external using
<i>Photinia parvifolia</i> Schneid	Rosaceae	nianggenipa	Deciduous little arbor	Whole plant	Toothache, jaundice, wound	Decoction or making the formula for external using

<i>Phryma leptostachya</i> L.	Phrymataceae	zibai	Perennial herb	Whole plant	Eczema, wound, fracture	Decoction or stewing with pork
<i>Pimpinella candolleana</i> Wight et Arn.	Umbelliferae	yanruopame nhou	Perennial herb	Whole plant	Cough, cold, stomachache, dyspepsia	Decoction or powder, soaking in alcohol
<i>Pinellia cordata</i> N. E. Brown.	Araceae	beiga	Perennial herb	Tuber	Stomachache, wound; New: headache	Making capsule covered with other medicine
<i>Piper hancei</i> Maxim.	Piperaceae	hannuonaci	Ligneous liana	Whole plant	Rheumatic arthritis, wound, toothache	soaking in alcohol
<i>Pittosporum daphniphyloides</i> Hayata.	Pittosporaceae	peimei	Ardor	Fruit, bark	Wound, dysentery, hypertension	Decoction
<i>Pleione yunnanensis</i> Rolfe.	Orchidaceae	zinoqu	Perennial herb	Root	Cough, bacillary phthisis	New: making powder with honey
<i>Plumbago zeylanica</i> L.	Plumbaginaceae	yushu	Climbing sub-shrub	Root, leaf	Rheumatoid arthritis	Decoction or soaking in alcohol
<i>Polygala arillata</i> Buch.-Ham.	Polygalaceae	Yajie	Shrub	Root	Bacillary phthisis, lung problems, irregular menstruation, wound	Decoction or stewing with lean meat
<i>Polygala tatarinowii</i> Regel.	Polygalaceae	wuwumo	Annual herb	Root	Palmus, bronchitis, wound; New: ahypnia	Decoction; New: stewing with lean meat
<i>Polygonum cymosum</i> Trev.	Polygonaceae	eluomo	Perennial herb	Root	Diarrhea, stomachache, wound, dysentery, irregular menstruation	Decoction
<i>Polygonum denticulatum</i> Huang	Polygonaceae	nianyanqi	Perennial herbal liana	Root	Chronic hepatitis, dyspepsia, asthma, dysentery	Decoction or powder
<i>Pyracantha fortuneana</i> Li	Rosaceae	maizhesai	Shrub or ardor	Whole plant	Dysentery; New: leucorrhea, irregular menstruation	Making the formula
<i>Quercus mongolica</i> Fisch.	Fagaceae	bomio	Deciduous ardor	Root, bark	Poisoning, dyspepsia, hemorrhoid, jaundice	New: Decoction with the roots and bark of <i>Populus bonatii</i>
<i>Ranunculus ternatus</i> Thunb.	Ranunculaceae	anaishi	Perennial herb	Root	Bacillary phthisis	Making medicated plaster
<i>Reineckea carnea</i> Kunth.	Liliaceae	tuosipian	Perennial evergreen	Whole plant	Rheumatic arthritis, asthma, wound, fracture, irregular	Decoction or stewing with lean meat

<i>Rhodiola henryi</i> Fu	Crassulaceae	haisainai	Perennial herb	Whole plant	Wound, fracture, laryngitis, dysentery	Soaking <i>Dactylicapnos scandens</i> in alcohol
<i>Rubus ellipticus</i> Smith var. <i>obcordatus</i> Focke.	Rosaceae	jiejiesairuo	Evergreen shrub	Root	Amygdalitis, toothache, dysentery, icteric hepatitis,	Decoction; New: soaking in alcohol
<i>Rubus xanthocarpus</i> Bur. et Franch.	Rosaceae	chuxu	Sub-fruticose perennial herb	Whole plant	Dysentery	Decoction
<i>Rumex nepalensis</i> Spreng.	Polygonaceae	apeiaji	Perennial herb	Root	Constipation, parotitis, wound, dysentery, jaundice	New: decoction with (without) <i>Acanthopanax gracilistylus</i> bark
<i>Salix babylonica</i> L.	Salicaceae	yu'ela	Deciduous arbor	Branch, root must	Gonorrhea, infective hepatitis	Decoction with <i>Glycyrrhiza uralensis</i> rhizome
<i>Schefflera venulosa</i> Hams.	Araliaceae	peizuo	Evergreen little arbor	Whole plant	Stomachache, arthritis, wound, neuralgia	Decoction with (without) <i>Clematis</i> stems
<i>Sedum multicaule</i> Wall.	Crassulaceae	niupianwei	Fleshy herb	Whole plant	Laryngitis, wound, hypertension	Decoction, pounding into pulp for external using
<i>Smilax mairei</i> Lévl.	Liliaceae	tongduo nainengruo	Evergreen climbing	Root	Rheumatic arthritis, chronic gastritis, irregular menstruation,	New: decoction with <i>Lagopsis supina</i>
<i>Solanum khasianum</i> C. B Clarke.	Solanaceae	Taopaishenze	Perennial herb	Whole plant	Stomachache, toothache, headache, wound, parotitis, cough	Decoction
<i>Swertia patens</i> Burkill	Gentianaceae	luoruke	Perennial herb	Whole plant	Dyspepsia (kid), hepatitis	Decoction
<i>Tetragium hypoglaucum</i> Cump.	Vitaceae	yuewuji	Twining herbal liana	Whole plant	Wound, bacillary phthisis	Decoction or soaking in alcohol
<i>Toona sinensis</i> Roem.	Meliaceae	genuze	Deciduous arbor	Root skin	Dysentery	Decoction or making formula
<i>Tripterygium hypoglaucum</i> Hutch.	Celastraceae	yigumeiban	Deciduous rampant shrub	Root skin	Eczema, wound; New: bronchitis	Decoction New: soaking in alcohol