

Table 1. Medicinal (120 spp.) and edible (21 spp.) plants used in the studied communities

MEDICINAL PLANTS				
FAMILY	SCIENTIFIC NAME	COMMON NAME	ORIGIN	USE
Amaranthaceae	<i>Alternanthera pungens</i> Kunth	Yerba del pollo	N	Digestive disorders, diuretic, diarrhea, "hot diarrhea" (caused by sun), "empacho"
Anacardiaceae	<i>Lithraea molleoides</i> (Vell.) Engl.	Molle	N	Tooth pain, sedative, digestive
	<i>Schinus areira</i> L.	Aguaribay	N	Digestive disorders, abortive, head ache, anti-inflammatory, healing.
	<i>Schinus fasciculata</i> (Griseb) I.M. Johnst.	Moradillo	N	Circulation, tooth pain
Apiaceae	<i>Foeniculum vulgare</i> Mill..	Hinojo	Natur.	
	<i>Petroselinum crispum</i> (Mill.) A.W. Hill	Perejil	Intr.	Abortive
Apocynaceae	<i>Aspidosperma quebracho-blanco</i> Schltdl.	Quebracho blanco	N	Disinfectant, digestive disorders, contraceptive
Aristolochiaceae	<i>Aristolochia argentina</i> Griseb.	Charruga	N	Diuretic, diarrhea
Asclepiadaceae	<i>Morrenia odorata</i> (Hook. & Arn.) Lindl.	Tasi	N	Skin disorders
Asteraceae	<i>Achyrocline satureioides</i> (Lam.) DC.	Vira-vira	N	Digestive disorders, respiratory disorders
	<i>Achyrocline tomentosa</i> Rusby	Marcela	N	Digestive disorders, diarrhea
	<i>Artemisia annua</i> L.	Ajenjo - Fernet	Natur.	Digestive disorders
	<i>Artemisia douglasiana</i> Besser	Matico - Hepatalgina - Buscapina	Natur.	Digestive disorders, hepatic disease
	<i>Baccharis articulata</i> (Lam.) Pers.	Carquejilla	N	Hepatic disease
	<i>Baccharis crispa</i> Spreng.	Carqueja	N	Hepatic disease
	<i>Bidens subalternans</i> DC.	Manzanilla silvestre	N	Digestive disorders
	<i>Conyza</i> sp.	Pulmonaria	N	Respiratory disorders
	<i>Cyclolepis genistoides</i> D. Don	Palo azul	N	Back ache
	<i>Jungia polita</i> Griseb.	Zarzaparrilla	N	Diuretic, circulation, to fall the blood pressure
	<i>Lactuca sativa</i>	Lechuga	Natur	Sedative

	L.			
	<i>Matricaria recutita</i> L.	Manzanilla	Natur	Digestive disorders, disinfectant, antibiotic, anti-inflammatory
	<i>Schkuhria pinnata</i> (Lam.) Kuntze ex Thell.	Canchalagua	N	Digestive disorders, hepatic disease
	<i>Tagetes filifolia</i> Lag.	Anisillo	N	...
	<i>Tagetes minuta</i> L.	Suico	N	Parasits, diarrhea, digestive disorders
	<i>Taraxacum officinale</i> Weber ex F.H. Wigg.	Diente de león	Natur.	Digestive.
	<i>Tessaria dodoneifolia</i> (Hook. et Arn.) Cabrera	Suncho	N	
	<i>Trixis divaricata</i> (Kunth) Spreng.	Contrayerba	N	Digestive disorders, knocks, pains
	<i>Xanthium spinosum</i> L.	Cepa caballo	N	Back ache, to blood
Bignoniaceae	<i>Dolichandra cynanchoides</i> Cham.	Mil hombres	N	...
Boraginaceae	<i>Borago officinalis</i> L.	Borraja	Natur.	Cough suppressant
Brassicaceae	<i>Coronopus didymus</i> (L.) Sm.	Quimpe	N	To cold/flu, to blood, diuretic, cough suppressant
	<i>Lepidium bonariense</i> L.	Bolsa de pastor	N	Diarrhea
Buddlejaceae	<i>Buddleja cordobensis</i> Griseb.	Salvialora	N	Respiratory disorders, "aire"
Cappareceae	<i>Capparis atamisquea</i> Kuntze	Atamisqui	N	Disinfectant, tooth pain, "pasma de sol"
Cecropiaceae	<i>Cecropia pachystachya</i> Trécul	Ambay	N	Cough suppressant
Celtidaceae	<i>Celtis ehrenbergiana</i> (Klotzsch) Liebm.	Tala	N	Children's digestive disorders, "aire"
Commelinaceae	<i>Commelina erecta</i> L.	Santa Lucía	N	To eyes
Chenopodiaceae	<i>Atriplex undulata</i> (Moq.) D. Dietr	Cachiyuyo	N	...
	<i>Chenopodium album</i> L.	Quina	Intr.	...
	<i>Chenopodium ambrosioides</i> L.	Paico	N	Digestive disorders
Ephedraceae	<i>Ephedra triandra</i> Tul. emend. J.H. Hunz	Tramontana	N	To knocks, back aches
Equisetaceae	<i>Equisetum giganteum</i> L.	Cola de caballo	N	Back aches, diuretic

Euphorbiaceae	<i>Acalypha communis</i> Müll. Arg.	Albaquilla	N	Digestive disorders
	<i>Croton sarcopetalus</i> Müll. Arg.	Cambalacho	N	Depurative, skin disorders
	<i>Euphorbia serpens</i> Kunth	Yerba meona	N	Diuretic, to flu
	<i>Ricinus communis</i> L.	Castor	Natur.	Laxative
Fabaceae	<i>Acacia aroma</i> Gillies ex Hook & Arn.	Tusca	N	Disinfectant, to knocks, back aches
	<i>Acacia caven</i> (Mol.) Mol.	Espinillo - Churqui	N	Disinfectant, antibiotic, tooth pain
	<i>Acacia praecox</i> Griseb.	Garabato	N	...
	<i>Bauhinia forficata</i> Link subsp. <i>pruinosa</i> (Vog.) Fortunato et Wonderlin	Pezuña de vaca	N	Diabetes
	<i>Caesalpinia gilliesii</i> (Wall. ex Hook.) D. Dietr.	Lagaña de perro	N	Tooth pain
	<i>Geoffraea decorticans</i> (Gillies ex Hook. & Arn.) Burkart	Chañar	N	Respiratory disorders
	<i>Prosopis alba</i> Griseb.	Algarrobo blanco	N	Diarrhea
	<i>Senna</i> sp.	Sen	Natur.	Digestive disorders
Gentianaceae	<i>Gentianella</i> spp.	Genciana	Natur.	...
Hydnoraceae	<i>Prosopanche americana</i> (R.Br.) Baillon	Guaycurú - Flor de piedra	N	Respiratory disorders, hepatic disease
Hypericaceae	<i>Hypericum connatum</i> Lam.	Cabo torilo	N	Heart disease
Lamiaceae	<i>Hedeoma multiflora</i> Benth.	Tomillo	Intr.	Digestive disorders, disinfectant, head ache
	<i>Lavandula</i> sp.	Lavanda	Intr.	Sedative
	<i>Lepechinia floribunda</i> (Benth.) Epling	Salvia blanca	N	Respiratory disorders
	<i>Marrubium vulgare</i> L.	Yerba del sapo - Marrubio - Malva amarga	Natur.	Hepatic disease
	<i>Melissa officinalis</i> L.	Toronjil- Melisa	Natur.	Heart disease
	<i>Mentha</i> sp.	Menta	Intr.	Digestive disorders, anti-inflammatory, period pain
	<i>Mentha</i> sp.	Veramota	Intr.	Digestive disorders
	<i>Mentha</i> sp.	Yerbabuena	Intr.	Digestive disorders, to flu, diarrhea
	<i>Minthostachys mollis</i> (Kunth.) Griseb.	Peperina	N	Digestive disorders, to fall the blood pressure, abortive
	<i>Ocimum basilicum</i> L.	Albahaca	Intr.	Digestive disorders, "pasma"
	<i>Origanum</i> sp.	Orégano	Intr.	Digestive disorders

	<i>Plectranthus madagascariense</i> (Pers.) Benth.	Incienso	E	To perfume
	<i>Rosmarinus officinalis</i> L.	Romero	Intr.	Digestive disorders, hepatic disease, to flu, to eyes
	<i>Salvia officinalis</i> L.	Salvia	Intr.	Digestive disorders, sedative
Lamoriopsidaceae	<i>Elaphoglossum gayanum</i> (Feé) T. Moore	Calaguala		Period pain
Lauraceae	<i>Cinnamomum</i> sp.	Alcanfor	Intr.	"Aire", anti-parasite, repellent
	<i>Laurus nobilis</i> L.	Laurel	Intr.	Digestive disorders, respiratory disorders
Liliaceae	<i>Aloe</i> spp.	Aloe Vera	E	Skin disorders
Loranthaceae	<i>Ligaria cuneifolia</i> (Ruiz et. Pav) Tiegh.	Liga	N	To regulate the blood pressure
Lycopodiaceae	<i>Huperzia saururus</i> (Lam.) Trevis	Cola de quirquincho	N	Aphrodisiac
Malvaceae	<i>Malvastrum coromandelianum</i> (L.) Garcke	Yerba del potro	N	Hepatic disease
	<i>Sphaeralcea bonariensis</i> (Cav.) Griseb.	Malvarisco	N	Slow intestinal activity
	<i>Sphaeralcea cordobensis</i> Krapov.	Malva - Malva dulce	N	Injuries, conjunctivitis, period pain, back aches, digestive disorders
Meliaceae	<i>Melia azedarach</i> L.	Paraíso	Natur.	...
Myrtaceae	<i>Eucalyptus</i> spp.	Eucaliptus	E	Respiratory disorders
Olacaceae	<i>Ximena americana</i> L.	Albarillo	N	...
Oleaceae	<i>Fraxinus</i> sp.	Fresno	E	...
Passifloraceae	<i>Passiflora caerulea</i> L.	Pasionaria	N	Sedative, diarrhea, respiratory disorders
Phytolaccaceae	<i>Phytolacca dioica</i> L.	Ombú	N	Laxative
Plantaginaceae	<i>Plantago major</i> L.	Llantén	Intr.	Digestive disorders, hepatic disease, back aches, disinfectant, etc
Poaceae	<i>Triticum</i> sp., <i>Paspalum</i> sp.	Gramilla	N	Back aches, abortive, contraceptive
Polygonaceae	<i>Rumex crispus</i> L.	Lengua de Vaca	Natur.	...
	<i>Polygonum</i> sp.	Sanguinaria	Natur.	Blood circulation
Ramnaceae	<i>Condalia buxifolia</i> Reissek	Piquillín	N	...
Ranunculaceae	<i>Clematis montevidensis</i> Spreng.	Loconte	N	...
Rhamnaceae	<i>Ziziphus mistol</i> Griseb.	Mistol	N	Respiratory disorders
Rosaceae	<i>Prunus persica</i> (L) Batsch	Durazno (hoja)	Intr.	Digestive disorders, respiratory disorders
	<i>Eriobotrya japonica</i> (Thunb.) Lindl.	Níspero	E	Respiratory disorders
Rutaceae	<i>Citrus limon</i>	Limón	Intr.	Digestive disorders, respiratory disorders

	(L.) Burm.			
	<i>Citrus sinensis</i> (L.) Osbeck	Naranjo (hoja)	Intr.	Sedative, cough suppressant
	<i>Ruta chalepensis</i> L.	Ruda	Intr.	Digestive disorders, home protector, blood circulation, sedative
Salicaceae	<i>Salix</i> sp.	Sauce	...	Analgesic
Santalaceae	<i>Jodinia rhombifolia</i> (Hook. et Arn.) Reissex	Quebracho flojo - Sombra de toro	N	Digestive disorders, respiratory disorders, diarrhea, abortive, etc
Schizaeaceae	<i>Anemia tomentosa</i> (Savigny) Sw.	Doradilla	N	Period problems, abortive, back aches
Solanaceae	<i>Cestrum parqui</i> L'Hér.	Duraznillo negro	N	...
	<i>Lycium cestroides</i> Schltdl.	Ruminico	N	...
	<i>Nicotiana glauca</i> Graham	Palán-palán	N	Skin diseases, injuries
	<i>Solanum argentinum</i> Bitter & Lillo	Duraznillo	N	To sunstroke, tooth pain, "pasma"
	<i>Solanum sisymbriifolium</i> Lam.	Espina colorada	N	Back ache, sore throat, digestive disorders
Tiliaceae	<i>Tilia</i> sp.	Tilo	E	Sedative
Urticaceae	<i>Urtica urens</i> L.	Ortiga	Natur.	Blood circulation, back aches, cough suppressant, hair loss
Usneaceae	<i>Usnea hieronymi</i> Krempelh	Barba de piedra	N	Sore throat
Valerianaceae	<i>Valeriana</i> sp.	Valeriana	E	Sedative
Verbenaceae	<i>Aloysia citriodora</i> Ortega ex Pers.	Cedrón	N	Heart diseases, digestive disorders
	<i>Aloysia gratissima</i> (Gillies & Hook. ex Hook.) Tronc.	Palo amarillo	N	Digestive disorders, "levantar el ánimo" (to cheer up), "enfriamiento"
	<i>Aloysia polystachya</i> (Griseb.) Moldenke	Poleo de burro (Té de)	N	Digestive disorders
	<i>Glandularia dissecta</i> (Willd. ex Spreng.) Schnack & Covas	Verbena	N	Sedative
	<i>Lippia integrifolia</i> (Griseb.) Hieron.	Incayuyo	N	Digestive disorders, back ache
	<i>Lippia turbinata</i> Griseb.	Poleo del campo	N	Digestive disorders, "levantar el ánimo" (to cheer up), "enfriamiento"
Zygophyllaceae	<i>Larrea divaricata</i> Cav.	Jarilla	N	To bath, skin diseases, to knocks
Zygophyllaceae	<i>Porlieria microphylla</i> (Baill.) Descole, O'Donnell & Lourteig	Pan de cata - Cucharero - Guayacán	N	Hepatic disease, cough suppressant, diarrhea

...	NI	Marquito	...	...
...	NI.	Mimosa	...	Heart diseases

EDIBLE PLANTS				
FAMILY	SCIENTIFIC NAME	COMMON NAME	ORIGIN	USED PART
Anacardiaceae	<i>Lithraea molleoides</i> (Vell.) Engl.	Molle	N	Fruit
Asteraceae	<i>Carduus</i> sp.	Cardo	Adv.	Leaves
	<i>Taraxacum officinale</i> Weber ex F.H. Wigg.	Diente de león	Adv.	Leaves
Boletaceae	<i>Boletus luteus</i> L. o <i>Suillus luteus</i> (L. ex Fr.) S. F. Gray	Hongos del pino	N	Complete plant
Cactaceae	<i>Opuntia ficus-indica</i> (L.) Mill.	Tuna	Intr.	Complete plant
	<i>Opuntia sulphurea</i> Gillies ex Salm-Dyck	Tunilla - Tuna colorada	N	Fruit
	<i>Cereus forbesii</i> Otto ex C.F.Först var. <i>pampeana</i> (Speg.) Backeb.	Ucle	N	Fruit
	<i>Harrisia pomanensis</i> (F.A.C.Weber ex K. Schum.) Britton & Rose var. <i>pomarensis</i>	Uluba	N	Fruit
Celtidaceae	<i>Celtis ehrenbergiana</i> (Klotzsch) Liebm.	Tala	N	Fruit
Fabaceae	<i>Prosopis</i> spp.	Algarrobo	N	Fruit
	<i>Geoffraea decorticans</i> (Gillies ex Hook. & Arn.) Burkart	Chañar	N	Fruit
Gyrodontaceae	<i>Phlebopus bruchii</i> (Speg.) Heinem. & Rammeloo	Hongos del coco	N	Complete plant
Moraceae	<i>Morus alba</i> L.	Mora	Adv.	Fruit
Olacaceae	<i>Ximena americana</i> L.	Albarillo	N	Fruit
Passifloraceae	<i>Passiflora caerulea</i> L.	Pasionaria	N	Fruit
Rhamnaceae	<i>Condalia buxifolia</i> Reissek	Piquillín	N	Fruit
	<i>Ziziphus mistol</i> Griseb.	Mistol	N	Fruit
Rosaceae	<i>Duchesnea indica</i> (Andrews) Focke	Frutillita del campo	Natur.	Fruit
Smilacaceae	<i>Smilax campestris</i> Griseb.	Zarzamora	...	Fruit
Solanaceae	<i>Salpichroa organifolia</i> (Lam.) Baill.	Uvita del campo	N	Fruit
...	NI	Berro	...	Leaves

Abbreviations: N: native plants, E: exotic plants, Intr.: introduced plants, Natur.: naturalised plants, NI: no identified material, ...: no data found.

“Aire” and “Pasma” are popular diseases without correlation in the scientific medical system, related to the imbalance between internal and external temperatures; “Empacho” also is a popular disease equivalent to a indigestion.