Enrollment

Allocation

Intervention

Analysis

Enrolled (n=117)

Odd-month

Even-month

Allocated
Intervention Group
(n=55)

Allocated
Control Group
(n=62)

Baseline survey (BSES-SF)*, day 4 in hospital

Intervention**

discharge

Follow-up survey (BSES-SF)***, one month

Analyzed at one month (n=53)
Excluded from analysis (n=2)
because data incomplete

Analyzed at one month (n=62)

Implementation timing: * Early postpartum (before discharge), on day 4
** Before discharge on day 4 or 5
*** 1 month health check up