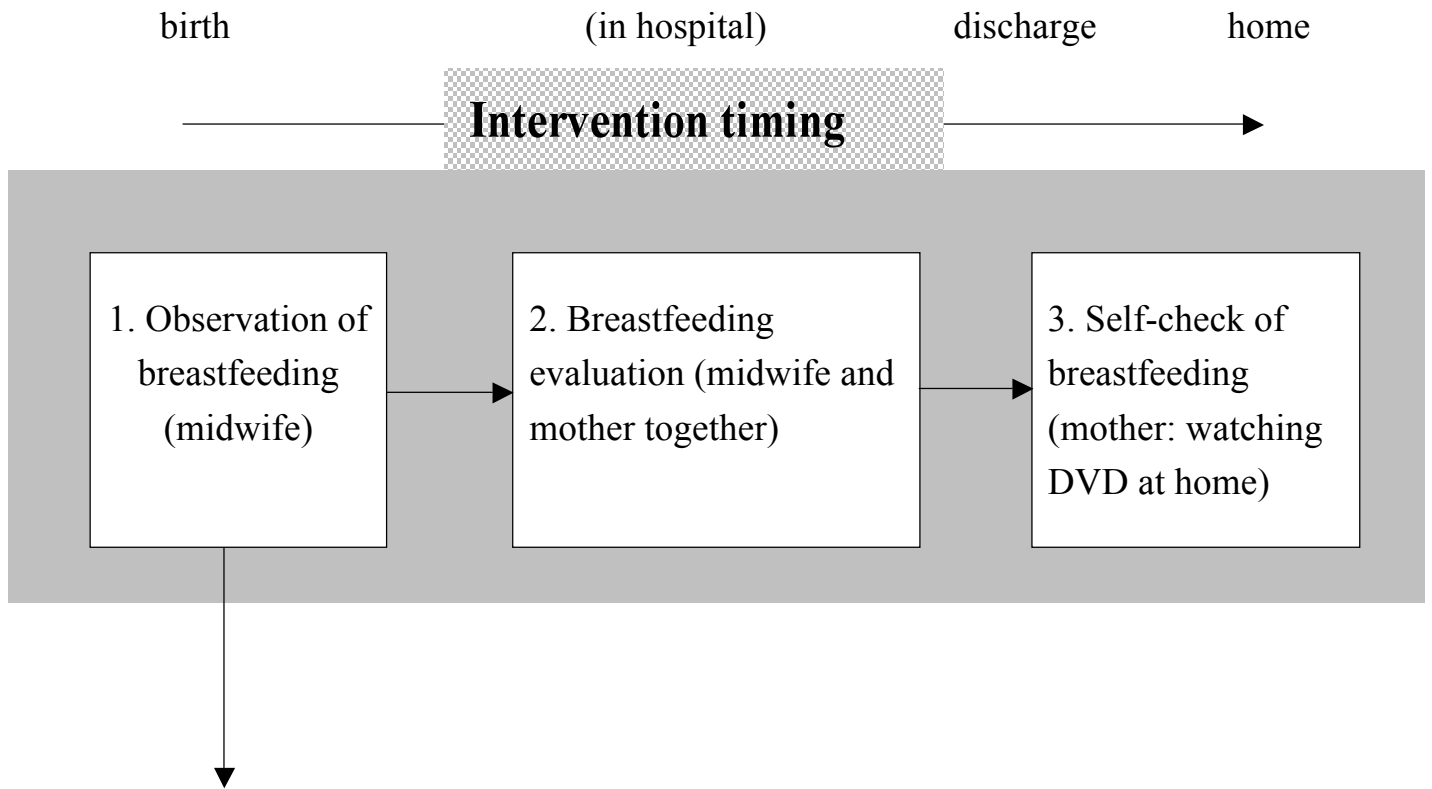


1. Program contents and procedure

Intervention timing: Early postpartum to day 4-5



2. Observation items and points

items	points
Positioning	Mother's posture, position and attitude of mother holding baby, state when baby attaches, appearance of infant's body attached to mother, method of supporting breast, etc.
Latch-on	Infant's head and latching on to breast when suckling, position of mouth and tongue when suckling, curling of tongue when suckling Rhythm of suckling, desire to breastfeed, signs of effective suckling, etc.
Breast and nipple	Painful nipple/breast, whether injury to areola/nipple, appearance of engorged breasts, whether breast blockage or rash, etc.
Mother's confidence and motivation	Confirmation of feeding cues, practicing independent breastfeeding, desire to breastfeed, methods for continuing support