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┌─────────────────────────────────────────────────────────────┐
│                  Nurses in Study Unit (n = 57)                │
│ Staff nurses (n = 54)                                         │
│     Full-time (n = 29), Part-time (n = 16), Casual (n = 9)    │
│ Nurse leaders (n = 3)                                         │
│   Administrative (n = 1), Clinical (n = 1), Education (n = 1) │
└─────────────────────────────────────────────────────────────┘
                              │
┌─────────────────────────────────────────────────────────────┐
│               Assessed for Eligibility (n = 24)               │
└─────────────────────────────────────────────────────────────┘
              │                                    │
┌──────────────────────────────────┐  ┌──────────────────────────────────────────┐
│  Eligible and Consented (n = 15)  │  │ Eligible and Declined Participation (n = 9)│
│ Staff nurses (n = 12)             │  │ Maternity/paternity leave (n = 3)          │
│   Full-time (n = 10), Part-time   │  │ Away for AI sessions (n = 3)               │
│   (n = 2)                         │  │ Transportation issues (n = 2)              │
│ Nurse leaders (n = 3)             │  │ Scheduling conflict (n = 1)                │
│   Administrative (n = 1),         │  └──────────────────────────────────────────┘
│   Clinical (n = 1),               │
│   Education (n = 1)               │
└──────────────────────────────────┘
              │
┌──────────────────────────────────┐
│ Sample Characteristics (6 weeks   │
│ pre-AI sessions)                  │
│ Nurse Entry Form (n = 15)         │
└──────────────────────────────────┘
              │
┌──────────────────────────────────┐  ┌──────────────────────────────────┐
│       AI Sessions (n = 12)        │  │       Withdrawal (n = 3)          │
│ Four 3-hour sessions delivered    │──│ Scheduling conflict (n = 1)       │
│ over two weeks                    │  │ Personal issue (n = 1)            │
└──────────────────────────────────┘  │ Time commitment (n = 1)           │
              │                        └──────────────────────────────────┘
┌──────────────────────────────────┐  ┌──────────────────────────────────┐
│ Individual Interviews (6 months   │  │       Withdrawal (n = 0)          │
│ post-AI sessions; n = 12)         │──│                                   │
└──────────────────────────────────┘  └──────────────────────────────────┘
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