

LEVEL 4

Impaired Physical Ability

Criteria for inclusion

In the context of this project, impaired physical ability is defined as:
- an inability to perform physical activities or tasks necessary for self-care.
This may include permanent or temporary disability due to amputation, arthritis, severe pain, spinal injury, acquired brain injury, neurological disorder (e.g., cerebral palsy, muscular dystrophy) or other comorbidity, or hearing impairment.

Stroke, peripheral neuropathy and diabetic eye disease are covered elsewhere.

Objectives of care / components of care

1. Identify co-morbidities or factors likely to affect the functional capacity of a person with diabetes.
2. Recognize how functional capacity may impact on lifestyle, diabetes self-management and glycemic control.
3. Review / revise education for a person with diabetes and impaired functional capacity (as well as significant others), including information on diabetes management and pertinent self-care practices.
4. Review / revise dietary management for a person with diabetes and impaired functional capacity (as well as significant others).
5. Review / revise exercise program for a person with diabetes and impaired functional capacity.
6. Implement measures to assist a person with impaired functional capacity (including significant others) to better manage their diabetes.
7. Refer patient to appropriate services or providers.

Service requirements (over a 12 month period)

Clinical role	Competency	Occupation	Number & duration of consults
Assessment & education	Lower limb care	Podiatrist	1 x 60 mins
	Occup. engagement	Occupational therapist	1 x 60 mins
	Orthotic support	Orthotist	1 x 60 mins, 1 x 30 mins
	Diabetes education	Diabetes educator	1 x 30 mins
	Exerc. prescription	Exercise physiologist	5 x 40 mins
Treatment & review	Lower limb care	Podiatrist	2 x 20 mins
	Medical care	General practitioner	1 x 10 mins
	Preventative care	Practice nurse	1 x 10 mins