

Training needs		Collaborative tasks	Knowledge	Attitudes	Skills	Tools		
ASSESSMENT	SHARED DECISION MAKING	FACILITATING ACCESS	Explore Problems	What is an illness trajectory?	Value patient individuality and variability	Explore reasons for visit	PRISMS	
			Establish Priorities	How can patients be assessed in terms of self-management progress?	Value patient involvement	Explore progress (acknowledge patient's current strategies and prior experiences)		
			Make Sense of Problems			Explore ideas, concerns, expectations and attitudes	Identify key problems/ issues to be addressed	PRISMS linking to Explanatory Model
			Share the Process of Decision Making	What is the evidence base about involving patients in decision making?	Value importance of patient increasing knowledge, extending experience, & gaining support	Connect problems	Check understanding	Explanatory Model
			Negotiate a Plan of Action	Do you have knowledge of resources available in the practice, wider community and internet?		Consider behavioural change	Identify what is achievable	
			Negotiate Follow up			Explore genuine options for achieving priorities	Provide information about options	Menu of Options
						Clarify patient values (pros and cons), highlight discrepancies	Agree what patient and professional are going to do	Plan of Action
				Summarise and rehearse				
				Safety net				
				Negotiate and establish a plan for follow up	Plan of Action			