

Objective/Step 1: Select and define the intervention techniques

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graph TD; A[Objective/Step 1: Select and define the intervention techniques] --> B[Objective/Step 2: Operationalise the techniques and decide on their delivery]; B --> C[Objective/Step 3: Formulate hypotheses about the mechanisms of change];
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Objective/Step 2: Operationalise the techniques and decide on their delivery

Objective/Step 3: Formulate hypotheses about the mechanisms of change