

Informs

Informs

Micro
Individual patients
and staff

Evidence

Evaluation

Interventions

Standard dissemination
+ feedback of pre-
intervention fasting
times (SD + F)

Opinion Leader + web
based education tool
+ (SD + F)

Plan Do Study Act –
quality improvement
cycle + (SD + F)

Measurement

•Summative

Patient food and fluid
fasting times x4 pre- and
x4 post-intervention

•Process

Patient interviews
& questionnaire

Staff interviews
& focus groups

Learning
Organization
Survey

Economic evaluation

Outcomes

•Summative

Fasting interrupted
time series

•Process

Patient experiences of
fasting care

Staff perspectives of
barriers and facilitators
to implementation

Organisational learning
characteristics

Cost consequences for
organisation of
interventions

Meso
Departments and
teams

Facilitation

Context

Informs re-evaluation

Macro
Organisation

