

Proposed shift from Low Autonomy to High Autonomy for recovery-consistent practice following values-focused staff interventions

Example of CRM practice: "Working collaboratively with individuals in recovery"

Low Autonomy



High Autonomy

"I collaborate with the individuals I support as my work is evaluated on this basis" I will be

"I collaborate with the individuals I support as it is important in my role and workplace"

"I collaborate with the individuals I support as it is part of my job, and I believe it is important"

"I collaborate with the individuals I support as it is important to me and what I value"

"I collaborate with the individuals I support as the process itself is enjoyable and rewarding"

Proposed resultant motivation toward and uptake of recovery-consistent practice

External regulation:

Low Self Determination
No meaningful Transfer into practice



Internal Regulation:

Self-determined behaviour:
Higher Transfer into practice