

Project Flow Chart - Data Synthesis





Phase 2 – Explanatory

<u>Methods:</u> In-depth case studies of MBCT provision Sample: 10 cases of service provision (4 fully

<u>Sample:</u> 10 cases of service provision (4 fully embedded, 2 no provision)



Implementation Plan and Dissemination

- "Fit for purpose" Implementation Plan
- Conferences, website, publications and stakeholder workshops