

Figure 1. Tool for single-actor AACTT-specification

Action Specify the *behaviour* that needs to change, in terms that can be observed or measured

Actor Specify the person/people that *do(es)* or *could do* the action targeted

Context Specify the physical location, emotional context, or social setting *in which* the action is performed

Target Specify the person/people *with/for whom* the action is performed

Time Specify *when* the action is performed (the time/date/frequency)

Figure 2. Tool for multiple-actor/action AACTT-specification

Action

Specify the *behaviours* that needs to change, in terms that can be observed or measured^{1,2}

Actor

Specify each person/people that *do(es)* or *could do* each of the actions targeted^{2,3}

Context

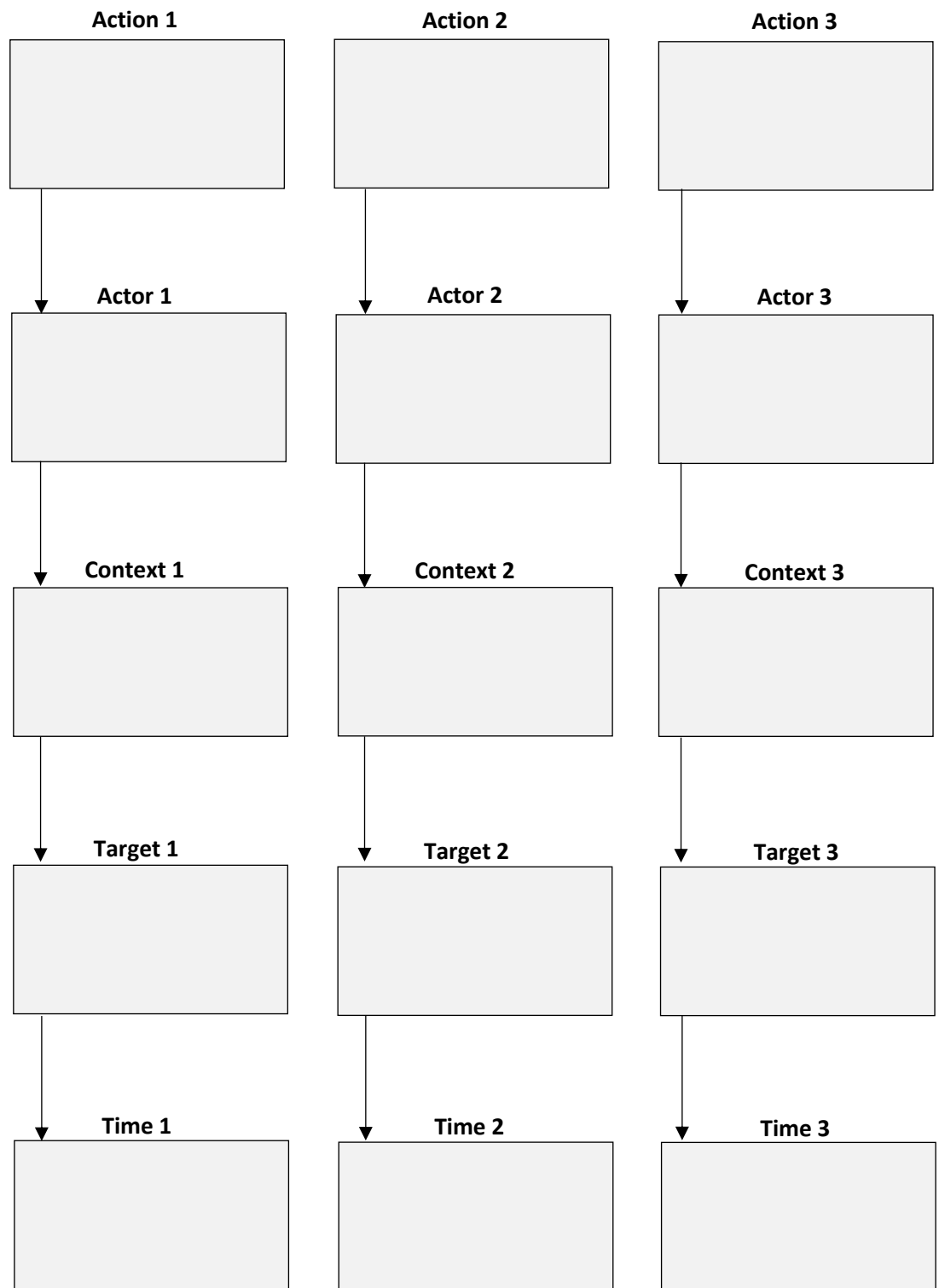
Specify the physical location, emotional context, or social setting *in which* the action is performed

Target

Specify the person/people *with/for whom* the action is performed⁴

Time

Specify *when* the action is performed (the time/date/frequency)



¹ Actions can be either a behaviour of the key actor of interest or an ancillary behaviour that supports another actor and action.

² Add arrows between behaviours when one supports another.

³ Actors can be anyone at any organizational level (e.g. healthcare professional, patient, member of the public, teacher, family member, middle manager, leader)

⁴ Actors can be different members of a team/group that work together in the same context and time or could be linked organizationally so that e.g. behaviour of a leader provides necessary capacity for a healthcare professional's behaviour

⁵ For healthcare providers, the target might often be a patient, but could be colleague. For leaders, middle managers, the target would often be the healthcare provider