Safety of direct oral anticoagulants in patients with hereditary hemorrhagic telangiectasia

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ADDITIONAL FILE 1: Table S1: Details of individual patients and treatments

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Centre	Case	Gender	Age	Indication	Episode	Agent	Comment	!	Scale
1	#1	M	65	AF	1	Rivaroxaban #1	"Substantially increased nosebleeds. Previously 1 a month. 1st 2 days minor nosebleeds, then 3rd day "catastrophic" pourer/gusher lasting over 1 hr. Needed to go to hospital for emergency pack and kept in hospital for 2 days" ^a		6
					2	Warfarin	"Fine, no major bleeds in 17 months"	w	
1	#2	М	76	AF	1	Rivaroxaban #2	"Fountains of nosebleeds every day"		6
					2	Warfarin	"Still bled"	w	
					3	Apixaban #1	""1 every 1-2/52, trivial"		2
1	#3	F	30	VTE	1	Rivaroxaban #3	"Nose bleeds increased to 4 times a day"		3
					2	Warfarin	"Usual nosebleeds, no more than one a day"	w	
1	#4	F	71	VTE	1	Rivaroxaban #4	"Room like a slaughter house". Hours-long nosebleeds every 3d. Nosebleeds settled 1 month after stopping. b.		6
1	#5	F	39	VTE	1	Rivaroxaban #5 ^c	Local doctors contacted us for advice - "intolerant due to nosebleeds"		5
1	#6	М	73	AF	1	Apixaban #2	"Nosebleeds worse. Pourers lasting many hours. Daily shorter bleeds. Needed more intravenous iron" ‡		3
1	#7	F	77	AF	1	Apixaban #3	"Torrential" posterior pharyngeal bleeds. One required ambulance admission. "I needed 3 blood transfusions and 2 intravenous iron treatments because of Apixaban." ‡ Discontinued 5 months before review and nosebleeds had settled.		6
1	#8	F	31	VTE	1	Apixaban #4	"No problems"		2
2	#9	М	53	AF	1	Rivaroxaban #6 ^c	Intolerable nosebleeds - worsened to a degree never experienced before. Needed intravenous iron and blood transfusions		6
2	#10	М	56	VTE	1	Rivaroxaban #7	Tolerable - not necessary to stop treatment		3
3	#11	F	55	VTE	1	Apixaban #5 ^c	Got worse, needed a bilateral Young's Procedure (nostril closure [29])		3
2	#12	М	67	AF	1	Apixaban #6 ^c	Intolerable nosebleeds - worsened to a degree never experienced before. Needed intravenous iron and blood transfusions.		6
4	#13	М	56	VTE	1	Warfarin	Nosebleeds worse	W	
4	#15	IVI	30	VIE	2	Rivaroxaban #8 ^c	Worsening, led to referral		3
4	#14	F	64	VTE	1	Rivaroxaban #9	No variation		2
5	#15	М	84	AF	1	Rivaroxaban #12	GI bleeding and epistaxis got worse (GI bleeding and massive epistaxis with need for transfusion)> stopped NOAC		5
1	#16	F	62	VTE	1	Rivaroxaban #10	"Nosebleed would not stop for 2-3 hs - needed a 4 unit transfusion"		6
					2	Warfarin	Nosebleeds worse	w	
					3	Heparin	No effect on nosebleeds	Н	/ctd

Table S1: Details of individual patients and treatments

.../ctd

НСР	Case	Gender	Age	Indication	Episode	Agent	Comment	Sc	cale
1		F	65	VTE	1	Warfarin	Tolerated with no ill effect, until severe gastrointestinal bleed		
	#17				2	Apixaban #7	Tolerated with no ill effect		2
1	#18	F	57	VTE	2	Dabigatran #1	4-5 nosebleeds per day, but considered not really different to usual worst		3
6	#19	F	77	AF	1	Apixaban #8 ^c	Epistaxis were worse (ESS 4.75) compared to no anticoagulation		5
U					2	Dabigatran #2	ESS reduced compared to Apixaban 0.51		2
6	#20	М	80	AF		Apixaban #9	Slight tolerable increase of epistaxis (ESS 0.51 to 1.92 after 6 weeks being on medication)		3
6	#21	F	62	VTE	1	Apixaban #10	ESS increased from 3.84 (daily, 6-15mins, not gushing) to 7.8 (several per day, gushing & anaemia)		3
3	#22	F	75	VTE	1	Apixaban #12	epistaxis worsen> blood transfusions, laser treatment, nasal ointment, patient was treated to use nasal self-packing		3
3	#23	М	47	VTE	1	Apixaban #13	hardly any epistaxis, and no change		2
7	#24	F	71	VTE	1	Rivaroxaban #11	Epistaxis a little worse but really no problem		3
7	#25	F	65	AF		Apixaban #11	needed to reduce Apixaban to 2.5mg bd		4
7	#26	М	66	AF	1	Warfarin	Not tolerated- excessive epistaxis	w	
,		IVI			2	Dabigatran #3	Epistaxis improved		1
5	#27	М	71	AF	1	Apixaban #14	Apixaban well tolerated for almost 2 years with daily but tolerable nosebleeds		3
			54	AF	1	Warfarin	Fine, no bleeding issues, completed course	w	
					2	Rivaroxaban #13	No change in nosebleeds- fine		2
1	#28	M	57	AF	3	Apixaban #15	"1-2hr gushers 2-3x per week then worst nosebleed ever- 10hs spurter. Scared, stopped and called hospital"		6
					4	Rivaroxaban #14	Bad, but not as bad as Apixaban: 1-2hr gushers 2-3x per week		3

Comments from patients"....", or clinicians' notes . ^aPatient advised to submit MHRA yellow card. ^bMHRA Yellow card submitted by patient. ^c Reason for referral to ERN centre.