(i)

Changes in LF/HF ratio pre, during and post HFYB

(ii)

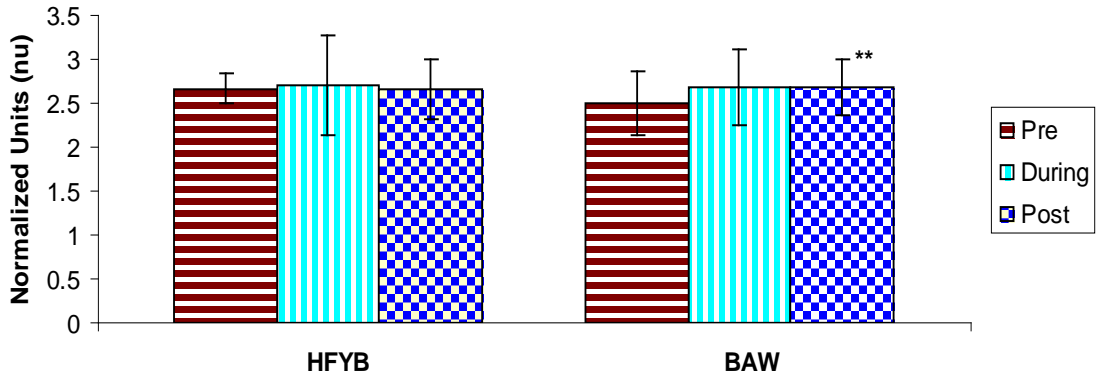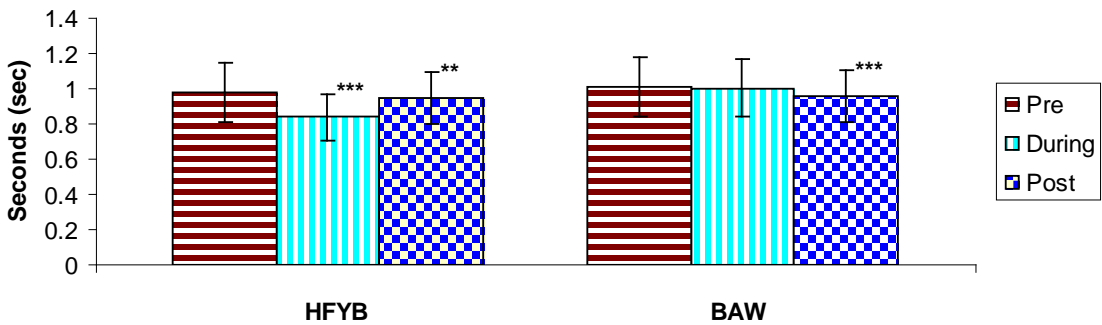**Changes in mean RR interval pre, during and post HFYB and BAW**

(iii)

Changes in NN50 pre, during and post HFYB and BAW