

Scale	No. items	α	Item-total-correlation range / marker items of the subscales (one per facet)
AIDA total score: Identity Diffusion	58	.94	
1. Discontinuity	27	.86	$r_{it} = .30 - .66$, $\emptyset .45$
1.1 Discontinuity concerning attributes / goals	9	.73	5: I could list a few things that I can do very well.(-) 58: I don't remember how I felt and thought as a child, I am now like a different person. 17: I can trust my inner voice, it usually leads me in the right direction.(-)
1.2 ... relationships / roles	11	.76	54: My friendships usually last only a few months. 18: I feel I don't really belong anywhere. 10: When I look in the mirror, I am often surprised and don't like how I have changed.
1.3 ... emotional self reflection	7	.76	3: I often don't know how I feel right now. 11: I'm not sure if my friends really like me.
2. Incoherence	31	.92	$r_{it} = .39 - .72$, $\emptyset .54$
2.1 Incoherence concerning consistent self image	11	.86	12: When people see me in new situations, they are very surprised how I can be. 4: I feel that I have different faces that do not fit together well. 13: I often feel lost, as if I had no clear inner self.
2.2 ... autonomy / Ego Strength	12	.84	42: When I'm alone I feel helpless. 38: If I am criticized or others see me failing, I feel really worthless and "devastated". 36: If someone has offended me, I don't want to talk to him or her ever again.
2.3 ... cognitive self reflection	8	.76	51: I often have a block when I ask myself why I did things. 35: I am confused about what kind of person I really am.