

Area-level – two basic components of Identity Diffusion



Subdomain level –
psychosocial functioning



Scale 1:
Identity-Continuity vs.
Discontinuity
Ego-Stability, intuitive-emotional
„I“ („Changing while staying the
same“)

Scale 2:
Identity-Coherence vs.
Incoherence
Ego-Strength, defined „ME“
(„non-fragmented self with
clear boundaries“)

Subscale 1.1: **Stability in
attributes** / talents / goals /
values vs. lack of perspective

Subscale 2.1: **Consistent self
image** vs. Contradictions and
painful ambivalence

sublevel: self-related
intrapersonal
„Me and I“

Subscale 1.2: **Stability in
relationships** / roles (family,
ethnic, gender, body-self) / vs.
lack of affiliation

Subscale 2.2: **Autonomy** /
ego-strength vs. over-
identification, suggestibility,
lack of self-regulation

sublevel: social-related
interpersonal
„Me and You“

Subscale 1.3: functional
emotional self-reflection vs.
distrust in validity and stability of
emotions

Subscale 2.3: functional
cognitive self-reflection vs.
superficial or diffuse
representations

sublevel: ability-related
mental representations
accessability and complexity
concerning emotions/motives