

Enrollment

Assessed for eligibility ($N = 22$)

Excluded ($N = 7$):

- Did not meet inclusion criteria ($N = 3$)
- Declined to participate ($N = 4$)

Allocation to pre-test

Allocated to intervention ($N = 15$)

Post-test

Completed treatment ($N = 15$)

Follow-up

Completed treatment ($N = 12$)
Did not complete treatment ($N = 3$)