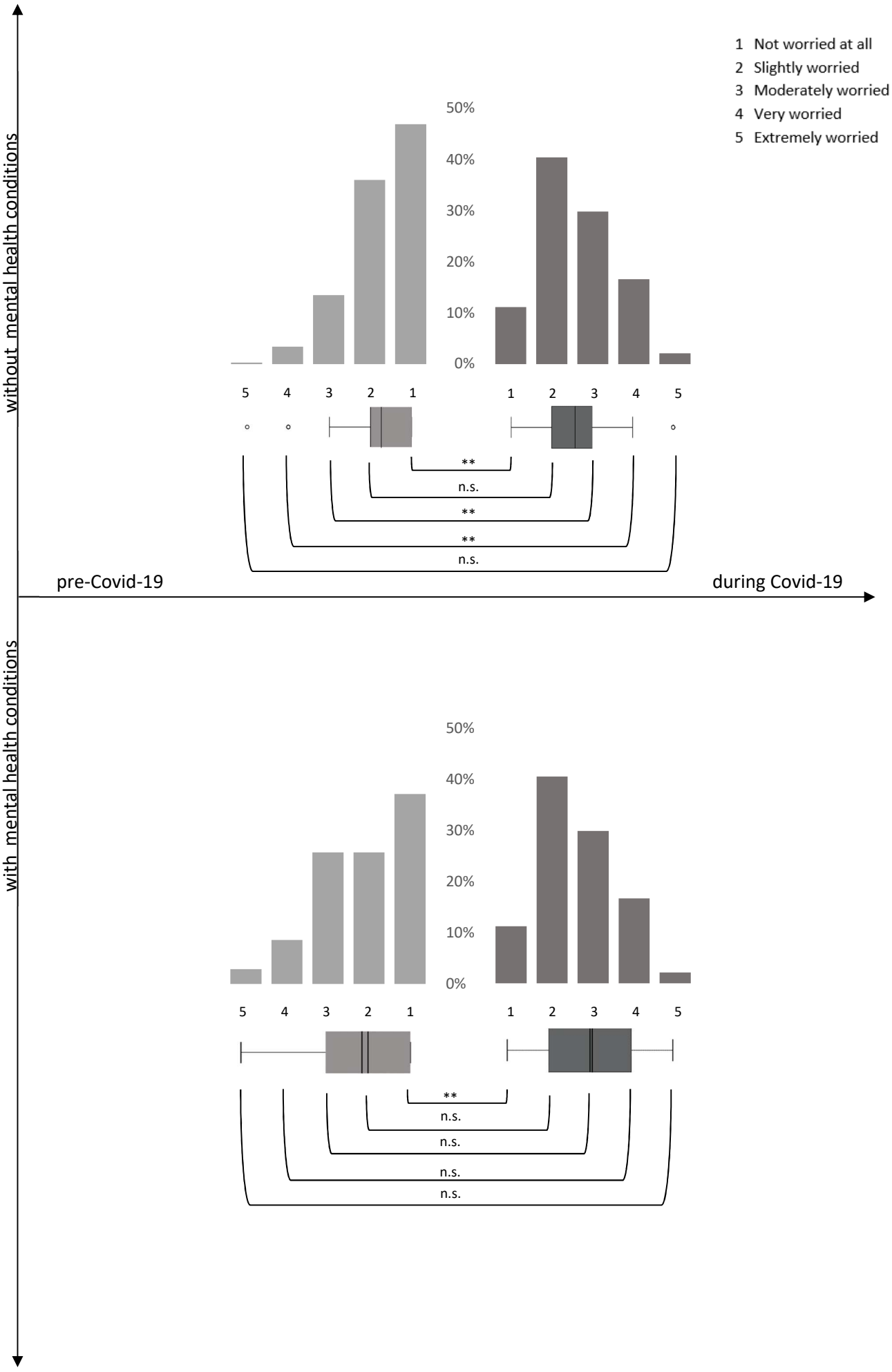
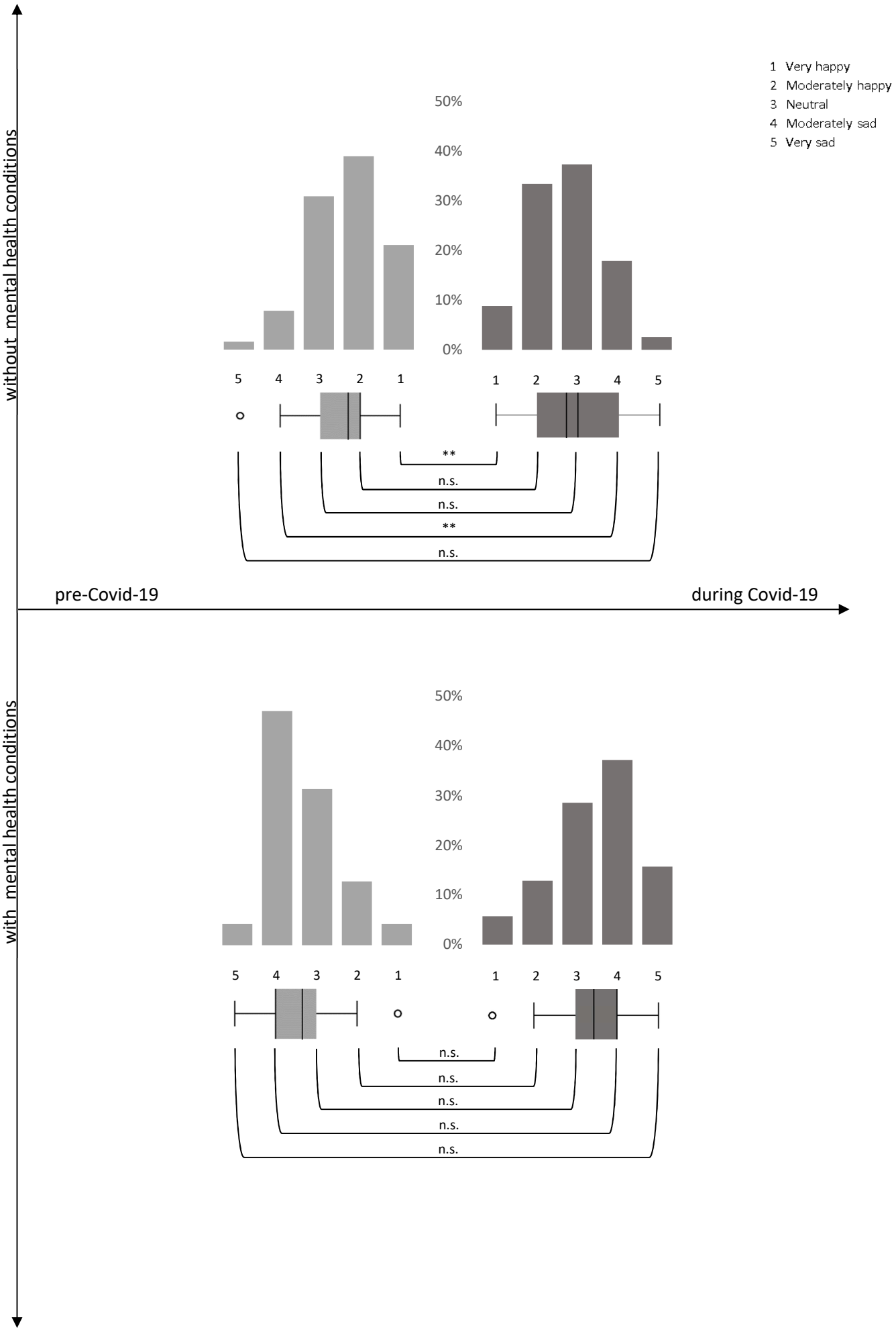
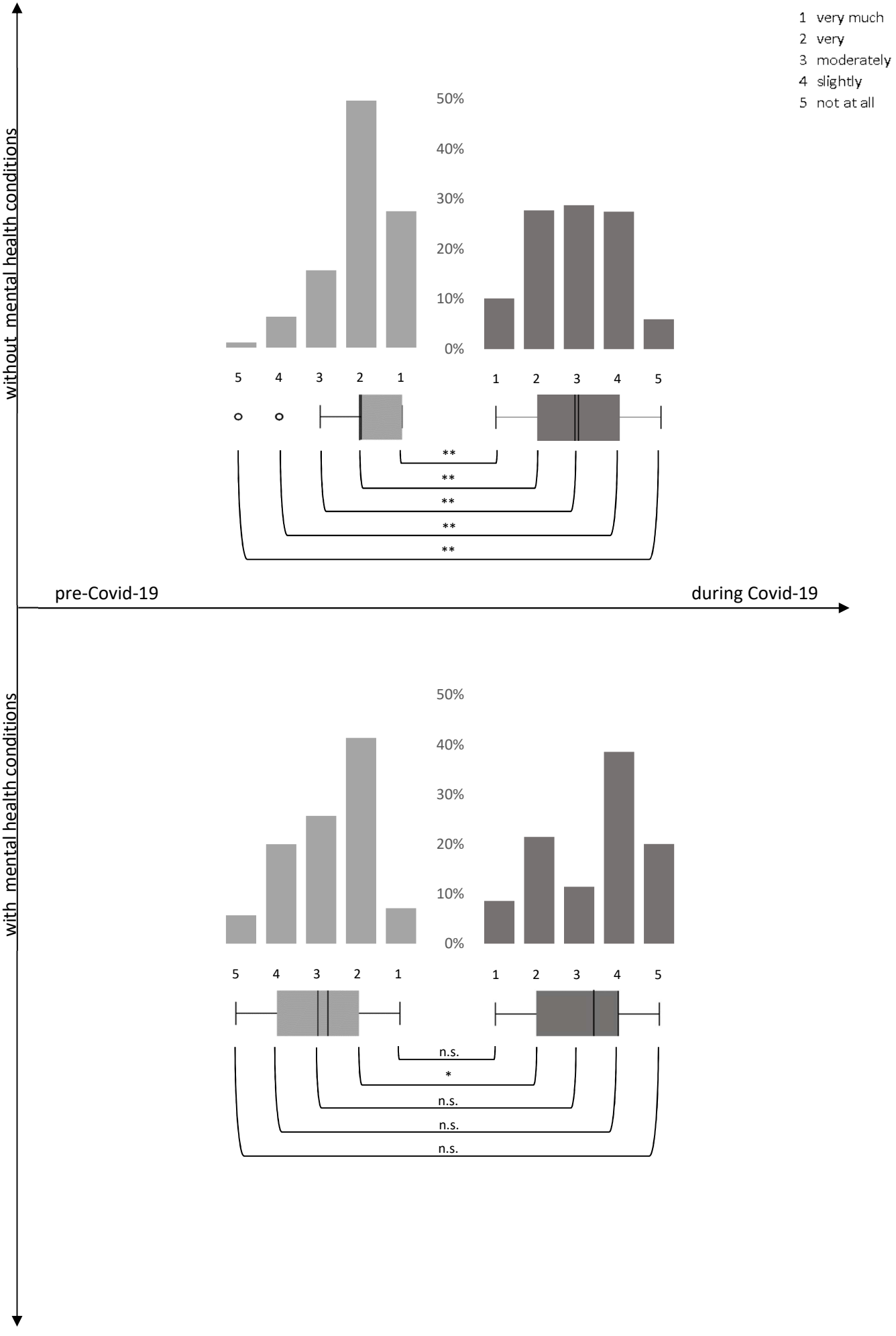
a) How worried were you generally?



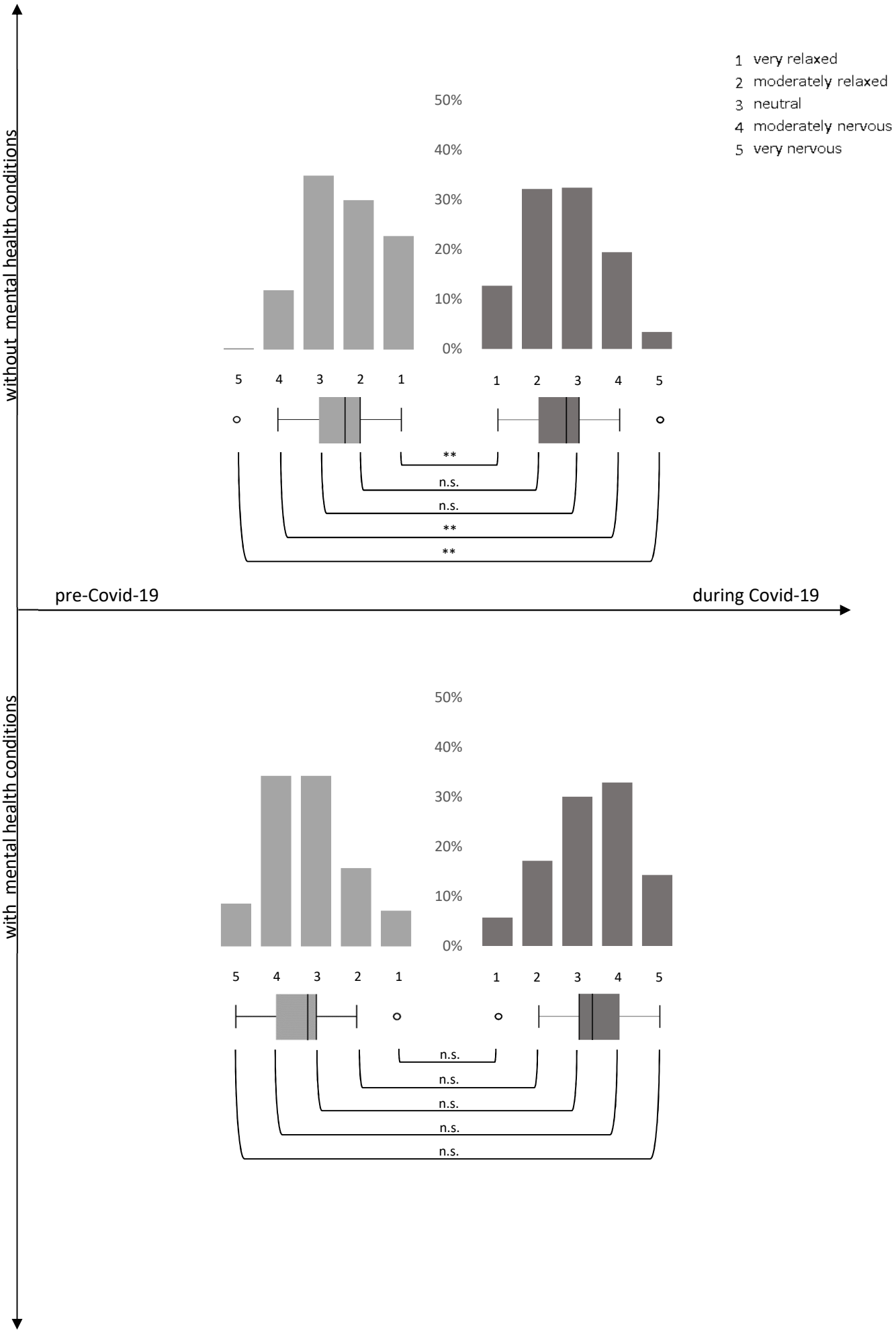
b) How happy versus sad were you?



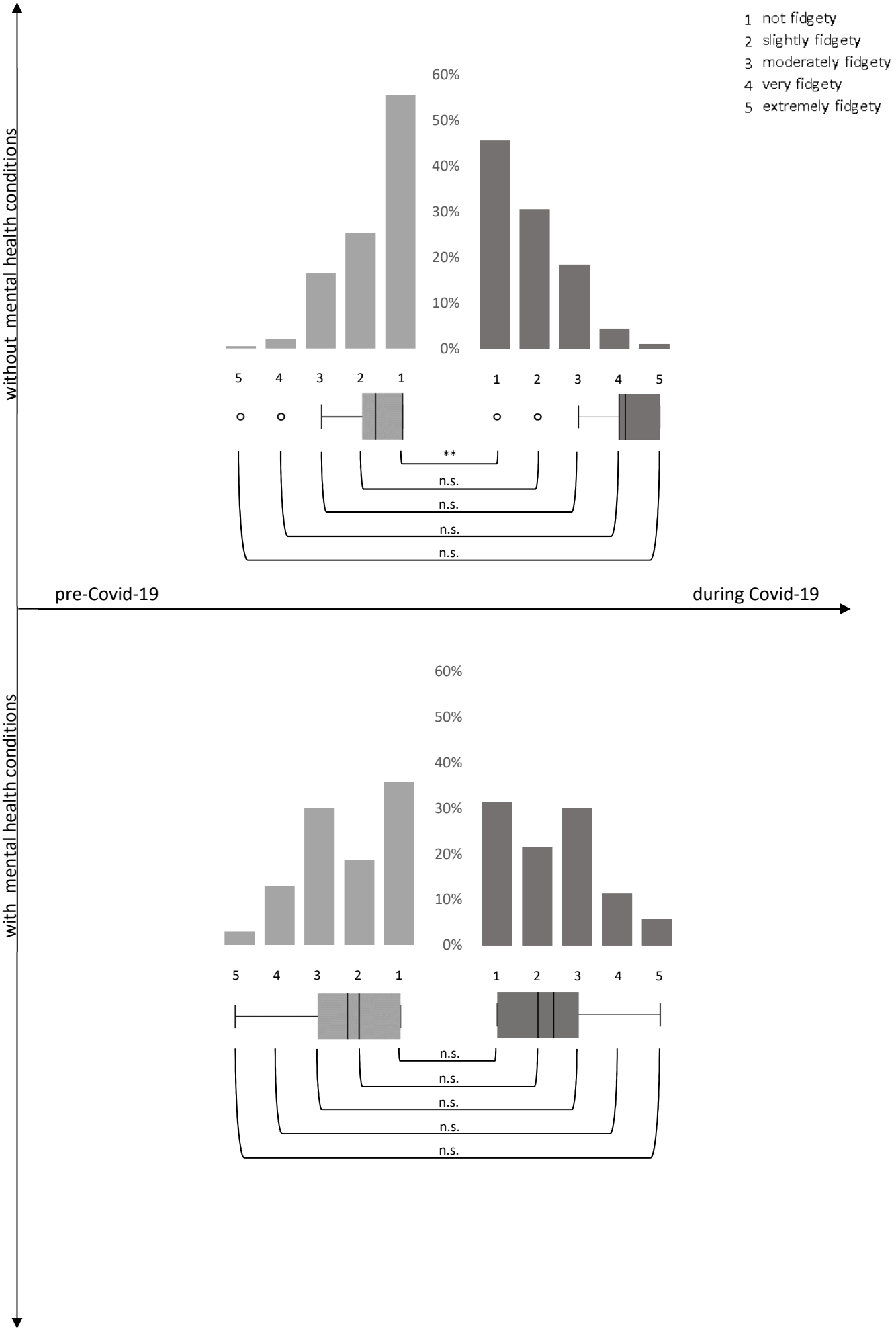
c) How much did you enjoy your usual activities?



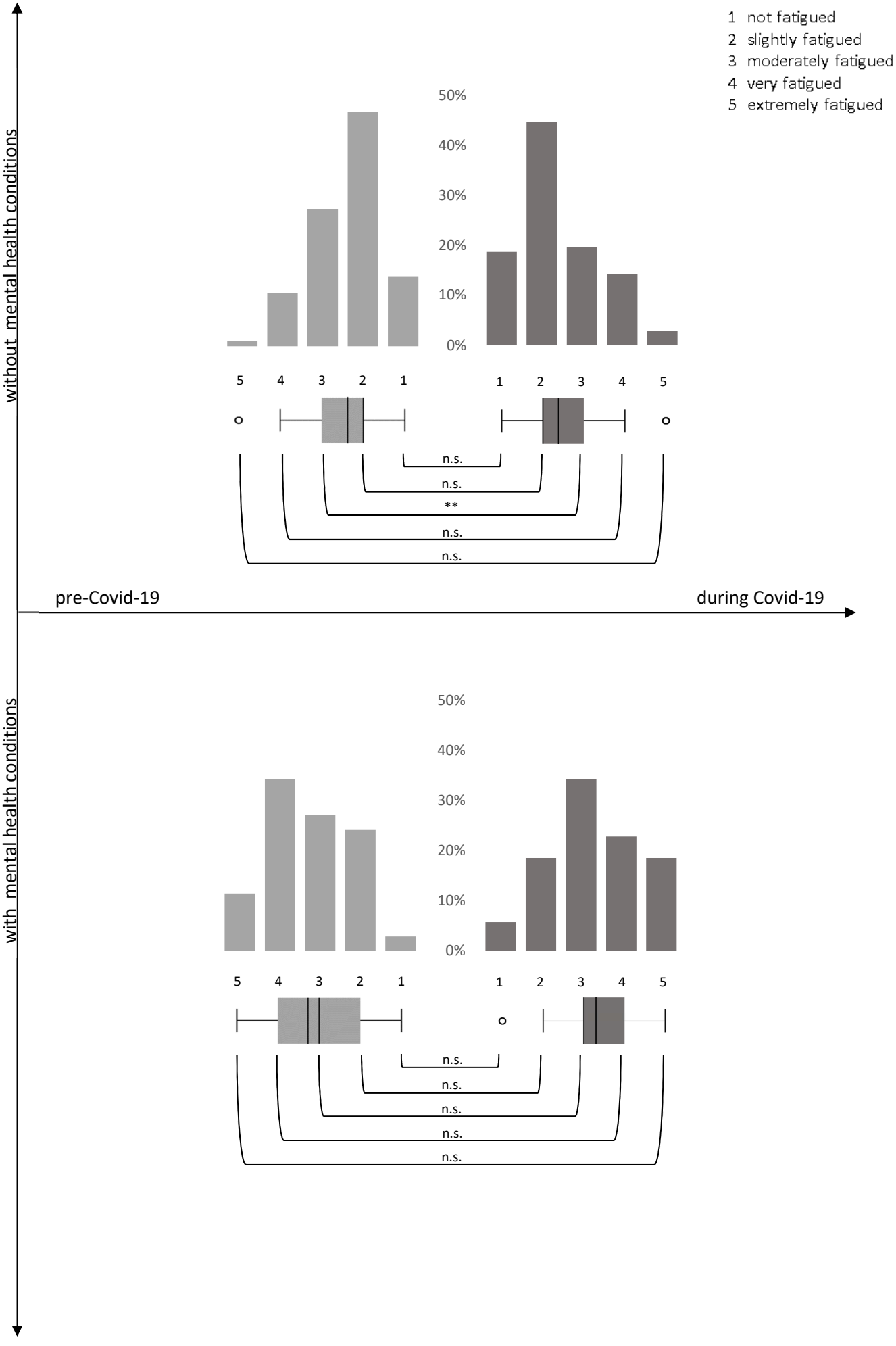
d) How relaxed versus anxious were you?



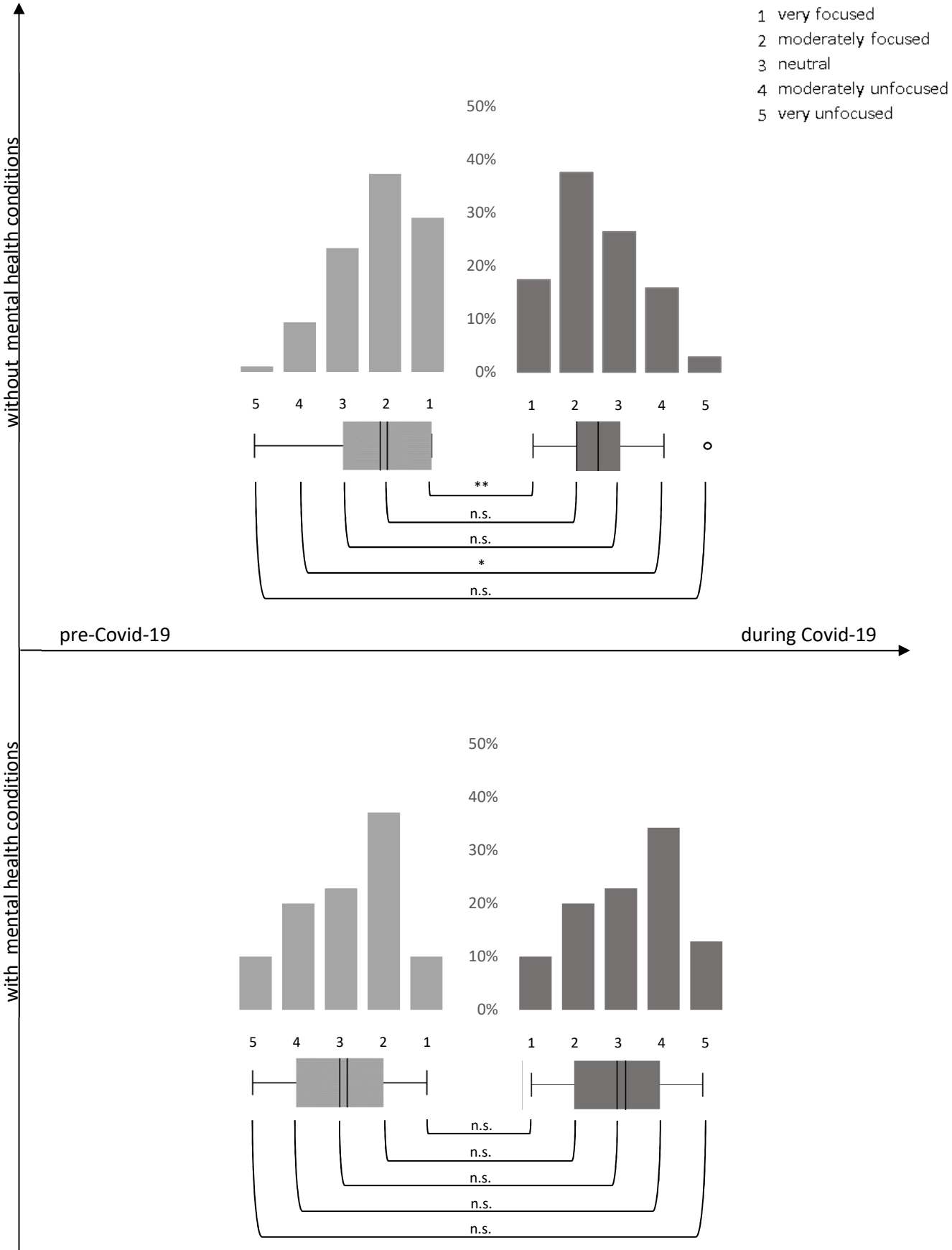
e) How fidgety or restless were you?



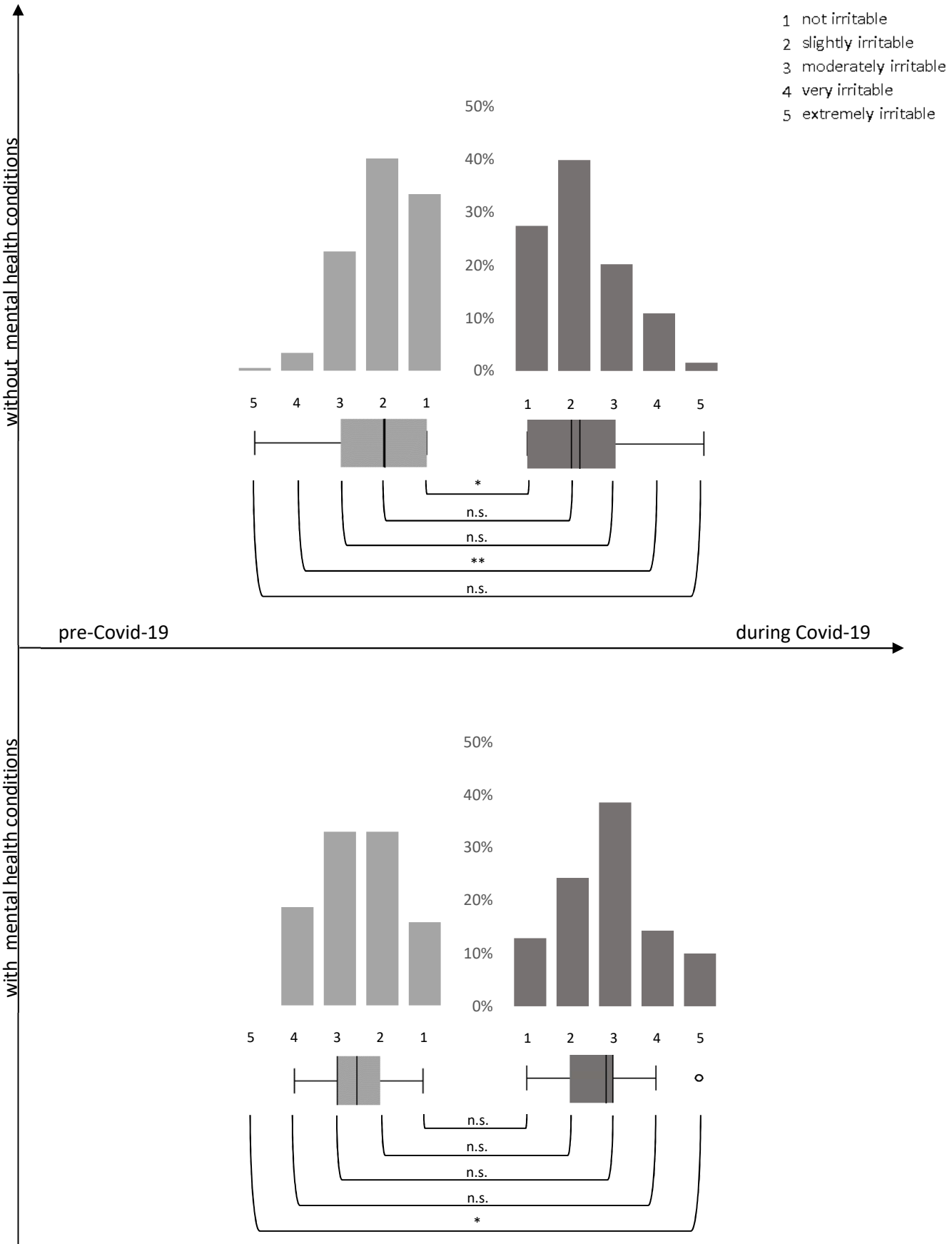
f) How fatigued or tired were you?



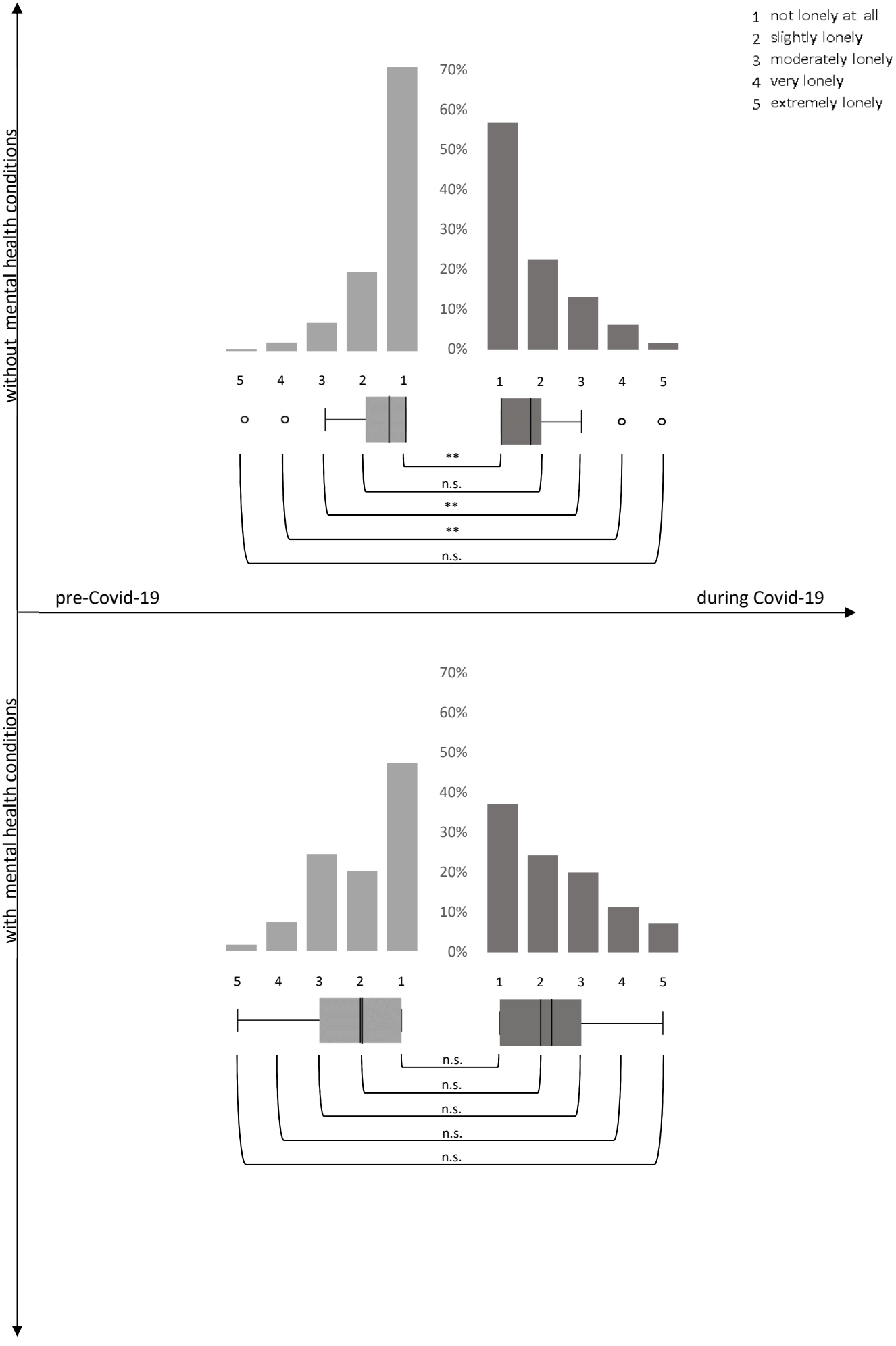
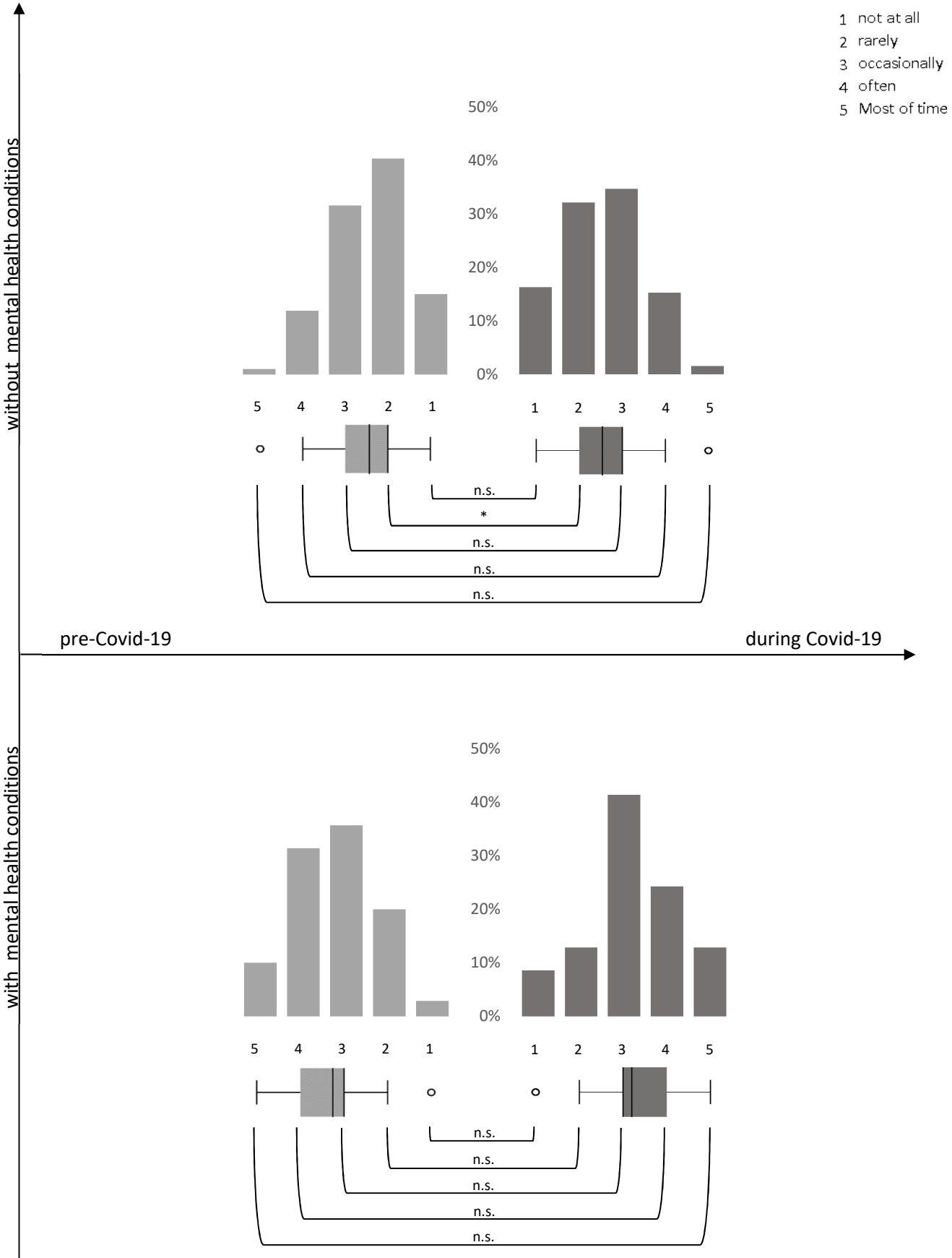
g) How well were you able to concentrate or focus?



h) How irritable or easily angered were you?



i) How lonely were you?



j) To what extent have you had negative thoughts?