

Circle only one number	Statement
7	A very great deal better
6	A great deal better
5	A good deal better
4	Moderately better
3	Somewhat better
2	A little better
1	About the same, hardly any better at all
0	No change
-1	About the same, hardly any worse at all
-2	A little worse
-3	Somewhat worse
-4	Moderately worse
-5	A good deal worse
-6	A great deal worse
-7	A very great deal worse

Note: The 'no change' group on the Likert scale was represented by scores in the range of '0 to +1' on the fifteen point Likert scale. The 'small change' (or minimal change) group was represented by scores in the range of '+2 to+3'.