# Additional file 2

THEMES AND SUB- THEMES

1. “If you did too much you went to bed” - LIFE BEFORE BIOLGICS

 1.1 Painful symptoms

 1.2 Physical restrictions

 1.3 Stopping activities

1.4 Social restrictions

 1.5 Emotional effects

2. “I’m doing more than I thought possible 3-4 years ago!” - LIFE WITH BIOLOGICS

 2.1 Dramatic Change

 2.2 Appreciation

 2.3 Psychological wellbeing – Return to activities

2.4 Multiple biologics

 2.5 Physical improvements

 2.6 Return to activities

3. “Whatever age you are, you’re a woman & want to feel **nice**” - SENSE OF SELF

 3.1 Self image

 3.2 Invisibility

 3.3 Embarrassment

3.4 Footwear (appearance)

4.”They never tell you anything about your feet” - PODIATRIC IMPLICATION 5.1 Ongoing foot involvement

 5.2 Foot surgery

 5.3 Access to services

 5.4 Podiatric awareness