

## **CARE Checklist of information to include when writing a case report**





Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	<u>1-2</u>
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	47-48
Abstract	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	30-46
(no references)	3b	Main symptoms and/or important clinical findings	37-38
	3c	The main diagnoses, therapeutic interventions, and outcomes	37-38
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	39-45
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	50-58
Patient Information	5a	De-identified patient specific information	<u>66-79</u>
	5b	Primary concerns and symptoms of the patient	70-82
	5c	Medical, family, and psycho-social history including relevant genetic information	67-71; 80-84
	5d	Relevant past interventions with outcomes	67-75; 80-87
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	74; 88
Timeline	7	Historical and current information from this episode of care organized as a timeline	<u>67-71;</u> 80-84
Diagnostic	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	73-75; 85-87
Assessment	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	<u>na</u>
	8c	Diagnosis (including other diagnoses considered)	74; 84
	8d	Prognosis (such as staging in oncology) where applicable	<u>na</u>
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	76; 87
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	<u>na</u>
	9с	Changes in therapeutic intervention (with rationale)	<u>na</u>
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	76; 86
	10b	Important follow-up diagnostic and other test results	<u>76-77</u>
	10c	Intervention adherence and tolerability (How was this assessed?)	76-77; 88-89
	10d	Adverse and unanticipated events	<u>na</u>
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	92-104
	11b	Discussion of the relevant medical literature with references	92-104
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	<u>105-112</u>
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	105-112
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	<u>na</u>
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes ☐ Nox☐