

ADDITIONAL FILE 1

The Richmond Agitation-Sedation Scale

| Score | Term | Description | |
|-------|-------------------|--|---------------------------|
| +4 | Combative | Overtly combative, violent, immediate danger to staff | |
| +3 | Very agitated | Pulls or removes tube(s) or catheter(s); aggressive | |
| +2 | Agitated | Frequent non-purposeful movement, fights ventilator | |
| +1 | Restless | Anxious but movements not aggressive vigorous | |
| 0 | Alert and calm | | |
| -1 | Drowsy | Not fully alert, but has sustained awakening (eye-opening/eye contact) to <i>voice</i> (≥ 10 seconds) | } Verbal Stimulation |
| -2 | Light sedation | Briefly awakens with eye contact to <i>voice</i> (<10 seconds) | |
| -3 | Moderate sedation | Movement or eye opening to <i>voice</i> (but no eye contact) | |
| -4 | Deep sedation | No response to <i>voice</i> , but movement or eye opening to <i>physical</i> stimulation | } Physical Stimulation |
| -5 | Unarousable | No response to <i>voice or physical</i> stimulation | |