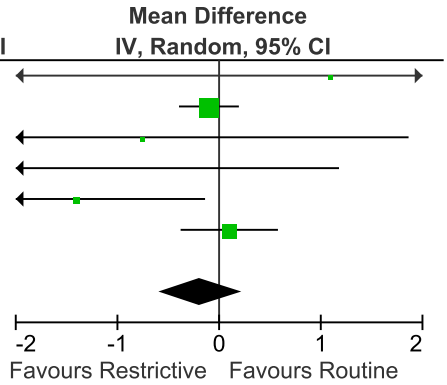
Study or Subgroup	Restrictive Mean	Restrictive SD	Restrictive Total	Routine Mean	Routine SD	Routine Total	Weight	Mean Difference IV, Random, 95% CI
Clec'h et al, 2008	23.4	15.8	81	22.3	15.6	84	0.7%	1.10 [-3.69, 5.89]
Graat et al, 2007	1.8	2.75	622	1.9	2.8	754	51.3%	-0.10 [-0.39, 0.19]
Hejblum et al, 2009	13.21	11.01	144	13.96	11.61	144	2.3%	-0.75 [-3.36, 1.86]
Krivopal et al, 2003	9.55	7.19	51	11.93	9.91	43	1.3%	-2.38 [-5.94, 1.18]
Leong et al, 2000	2.7	4.4	100	4.1	4.7	100	9.0%	-1.40 [-2.66, -0.14]
Price et al, 1999	5.9	7.4	1588	5.8	6.8	1839	35.5%	0.10 [-0.38, 0.58]
Total (95% CI)			**2586**			**2964**	**100.0%**	**-0.18 [-0.59, 0.22]**

Heterogeneity: Tau² = 0.06; Chi² = 6.80, df = 5 (P = 0.24); I² = 26%

Test for overall effect: Z = 0.88 (P = 0.38)