

Study	Restrictive			Routine			Weight	Mean Difference [95% CI]
	Mean	SD	Total	Mean	SD	Total		
Primary analysis: trials								
Krivopal et al, 2003	9.55	7.19	51	11.93	9.91	43	18.2%	-2.38 [-5.94, 1.18]
Clec'h et al, 2008	23.4	15.8	81	22.3	15.6	84	10.1%	1.10 [-3.69, 5.89]
Hejblum et al, 2009	13.21	11.01	306	13.96	11.61	305	71.7%	-0.75 [-2.54, 1.04]
Patients			438			432	100.0%	-0.86 [-2.38, 0.66]

Overall effect: $p=0.27$; heterogeneity: $I^2=0\%$

Sensitivity analysis: trials and observational studies

Price et al, 1999	5.8	1.7	1588	5.6	1.2	1839	42.1%	0.20 [0.10, 0.30]
Leong et al, 2000	2.7	4.4	100	4.1	4.7	100	4.0%	-1.4 [-2.66, -0.14]
Krinsley et al, 2003	3.57	5.27	1267	3.55	5.14	1297	21.8%	0.02 [-0.38, 0.42]
Krivopal et al, 2003	9.55	7.19	51	11.93	9.91	43	0.5%	-2.38 [-5.94, 1.18]
Graat et al, 2007	1.9	2.74	622	1.9	2.67	754	29.2%	0.00 [-0.29, 0.29]
Clec'h et al, 2008	23.4	15.8	81	22.3	15.6	84	0.3%	1.10 [-3.69, 5.89]
Hejblum et al, 2009	13.21	11.01	306	13.96	11.61	305	2.0%	-0.75 [-2.54, 1.04]
Patients			4015			4422	100.0%	0.01 [-0.25, 0.27]

Overall effect: $p=0.95$; heterogeneity: $I^2=47\%$

