

Study	Restrictive		Routine			Total	Weight	Mean Difference [95% CI]
	Mean	SD	Total	Mean	SD			
Primary analysis: trials								
Krivopal et al, 2003	6.76	4.03	51	7.93	5.64	43	32.4%	-1.17 [-3.19, 0.85]
Hejblum et al, 2009	9.94	8.75	306	9.82	8.24	305	67.6%	0.12 [-1.23, 1.47]
Patients			357			348	100.0%	-0.30 [-1.48, 0.89]

Overall effect: p=0.62; heterogeneity: $I^2=8\%$

Sensitivity analysis: trials and observational studies

Price et al, 1999	6.4	1.9	1588	6	1.4	1839	69.0%	0.40 [0.29, 0.51]
Leong et al, 2000	1.7	3.7	100	2.1	3.7	100	9.4%	-0.40 [-1.43, 0.63]
Krinsley et al, 2003	4.9	10.9	1267	4.7	11	1297	13.1%	0.20 [-0.65, 1.05]
Krivopal et al, 2003	6.76	4.03	51	7.93	5.64	43	2.7%	-1.17 [-3.19, 0.85]
Hejblum et al, 2009	9.94	8.75	306	9.82	8.24	305	5.8%	0.12 [-1.23, 1.47]
Patients			3312			3584	100.0%	0.24 [-0.10, 0.58]

Overall effect: p=0.16; heterogeneity: $I^2=19\%$

