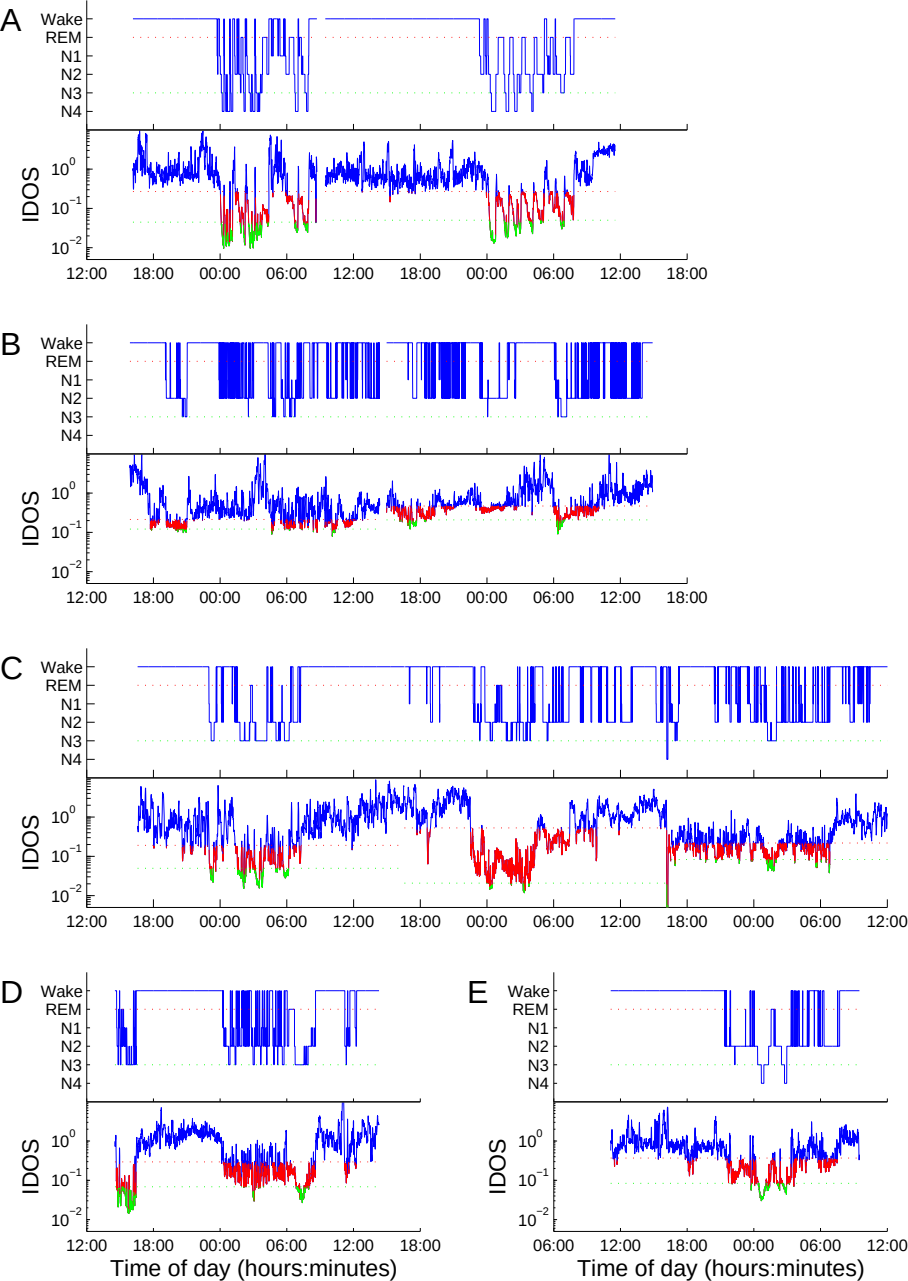
A
B
C
D
E
Wake
REM
N1
N2
N3
N4
IDOS
10^0
10^{-1}
10^{-2}
12:00
18:00
00:00
06:00
Time of day (hours:minutes)