

Assessed for eligibility (from
3 comprehensive care clincs:

- -Adult (≥ 18 yrs)
- -Initiating HAART
- -Have cell phone
access

Exclusion criteria

- Not meeting inclusion
criteria
- Not intending to attend
clinic for 2 yrs
- Unable to perform SMS at
enrollment

*Target Enrolment n=494
(Assuming attrition of 10%,
target at least n=533)*

Enrollment

Randomized

Allocated to intervention (SMS)

- Receive weekly SMS slogan
- Expected to respond within 48
hours
- Clinician to triage response
- Non-responders called

Baseline data collection:

- Baseline questionnaires
- Clinical assessment
- SF-12
- Baseline CD4 count and
plasma HIV viral load

Follow-up (6 and 12 months)

- Follow-up questionnaires
- Clinical assessment
- SF-12
- CD4 count and plasma HIV
viral load

Allocation

Allocated to control (SOC)

- Receive standard of care
(SOC)
- No weekly SMS
- May call on own initiative

Baseline data collection:

- Baseline questionnaires
- Clinical assessment
- SF-12
- Baseline CD4 count and
plasma HIV viral load

Follow-up (6 and 12 months)

- Follow-up questionnaires
- Clinical assessment
- SF-12
- CD4 count and plasma HIV
viral load

**Baseline
Assessment**

Follow-up