

Enrolment
Allocation
Follow-up
Analysis

Diabetes Clinics in Ireland = 46

Diabetes Clinics delivering DAFNE = 7

Participating Diabetes Clinics = 6

Patients assessed for eligibility from pre-existing waiting lists = xx
Target sample size = 450

Randomisation of centres

DAFNE Week

Intervention Centres ($n= 3$)
Receive structured curriculum/ patient-led group
follow-up in their original groups

Usual Care Centres ($n= 3$)
Return to usual one-to-one care following DAFNE
course

Structured group follow-up and data collection at 6,
12 and 18 months
Number lost to follow-up will be recorded at each
stage

One-to-one clinical visits and data collection at 6,
12 and 18 months
Number lost to follow-up will be recorded at each
stage

Analysis ($n = xx$)
Excluded from analysis ($n = xx$)

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