

360 patients being depressed for more than one year and giving informed consent to participate in the study

ITT-level

180 patients with clear preference either for PAT or CBT. Assigned to preference

180 depressed patients without preference and accept to be randomized either to PAT or to CBT.

90 CBT patients

90 PAT patients

90 CBT patients

90 PAT patients

ATP-level

60 CBT patients

60 PAT patients

60 CBT patients

60 PAT patients