

**Screening and
Pre-treatment**

Process

Post-treatment

Follow-up (fu)

T0a Pre-
screening by
therapist

T0b Screening
and pre-
treatment
assessment (face
to face) ^{1) 2) 3) 5) 6)}
⁷⁾

T1 After 8
weeks of
treatment
(postal) ^{3) 4)}

T2 After 15
weeks of
treatment
(postal) ^{3) 4)}

T3 After 25 sessions
assessment (face to
face) ^{1) 3) 4) 5) 6) 7)}

⁸⁾ **T4** post-
treatment
assessment
(postal) ^{3) 4) 5)}

T5 6 month fu
assessment
(postal) ^{3) 5) 6)}

T6 12 month fu
assessment (face
to face) ^{1) 3) 5) 6) 7)}

