

Sites approached and recruited.
People with dementia screened & consent obtained.



Baseline Assessment (0/31 (38) weeks) & socio-demographic information



Commence CST groups



1st follow up assessment ((7/31) or (14/38) weeks) after once or twice weekly run CST sessions



Maintenance CST commences



Maintenance CST finishes



2nd follow up assessment 31 weeks following on from CST programme