

Screening for eligibility:

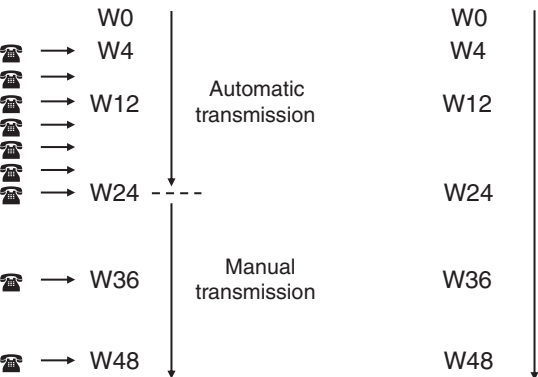
- Either gender (18 - 74 years)
- Treated or untreated arterial hypertension (office + day-time ambulatory BP)
- Metabolic syndrome (ATP-III)

Patient informed consent obtained

Randomization  
(n=252)

HBPT  
(n=168)

CM  
(n=84)



Primary end-point: rate of day-time blood pressure normalization (<135/85 mmHg)