

**RECRUITMENT**  
Enrollment

**WRITTEN INFORMED CONSENT**

**BASELINE ASSESSMENT**  
Testing at days 1 and 2

**RANDOMIZATION**

**TELEREHABILITATION GROUP**  
e-CUIDATE program  
(n=40)

**CONTROL GROUP**  
Usual care  
(n=40)

4 weeks follow-up assessment

8 weeks post-intervention assessment

24 weeks detraining assessment

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