




	STUDY PERIOD				
	Enrolment	Allocation	Post-allocation		Close-out
TIMEPOINT*	-2	0	4	8	16
ENROLMENT:					
Eligibility screen	X				
Informed consent	X				
<i>Blood test and X-ray</i>	X			X	
Allocation		X			
INTERVENTIONS:					
<i>MZRW+placebo Senna</i>					
<i>Senna+placebo MZRW</i>					
<i>Placebo MZRW+Placebo Senna</i>					
ASSESSMENTS:					
<i>Bristol stool scale</i>	X	X	X	X	X
<i>TCM questionnaire</i>	X			X	X
<i>Self-scoring of constipation symptoms</i>	X	X	X	X	X

*According to SPIRIT 2013 Statement: Defining Standard Protocol Items for Clinical Trials