

MOBILE PHONE-BASED INTERVENTION

Regular interactive phone communication between provider and clients:

Information:

- on services available

Reminders:

- Follow-up appointments
- about availability of phone based support (if experiencing side-effects)

Support:

- Motivation to use contraception
- Encourage continuation or safe switching

FACTORS AFFECTING USE OF PAFP

- Health beliefs (e.g. negative perception of amenorrhea)
- Lack of knowledge of methods & side-effects
- Fear or experience of side-effects
- Health concerns
 - User related e.g. missed pills or appointments

- Boost motivation to use PAFP
- Identify problems early
- Reassure re side-effects (if appropriate) or facilitate safe method switch

OUTCOMES INCREASED:

- PAFP acceptance/use

REDUCED:

- Discontinuation (due to health concerns, side-effects, access, user related)
- Unsafe method switching

IMPACT REDUCED:

- Unmet need for family planning
- Unintended pregnancy
- Repeat abortion (including unsafe)

