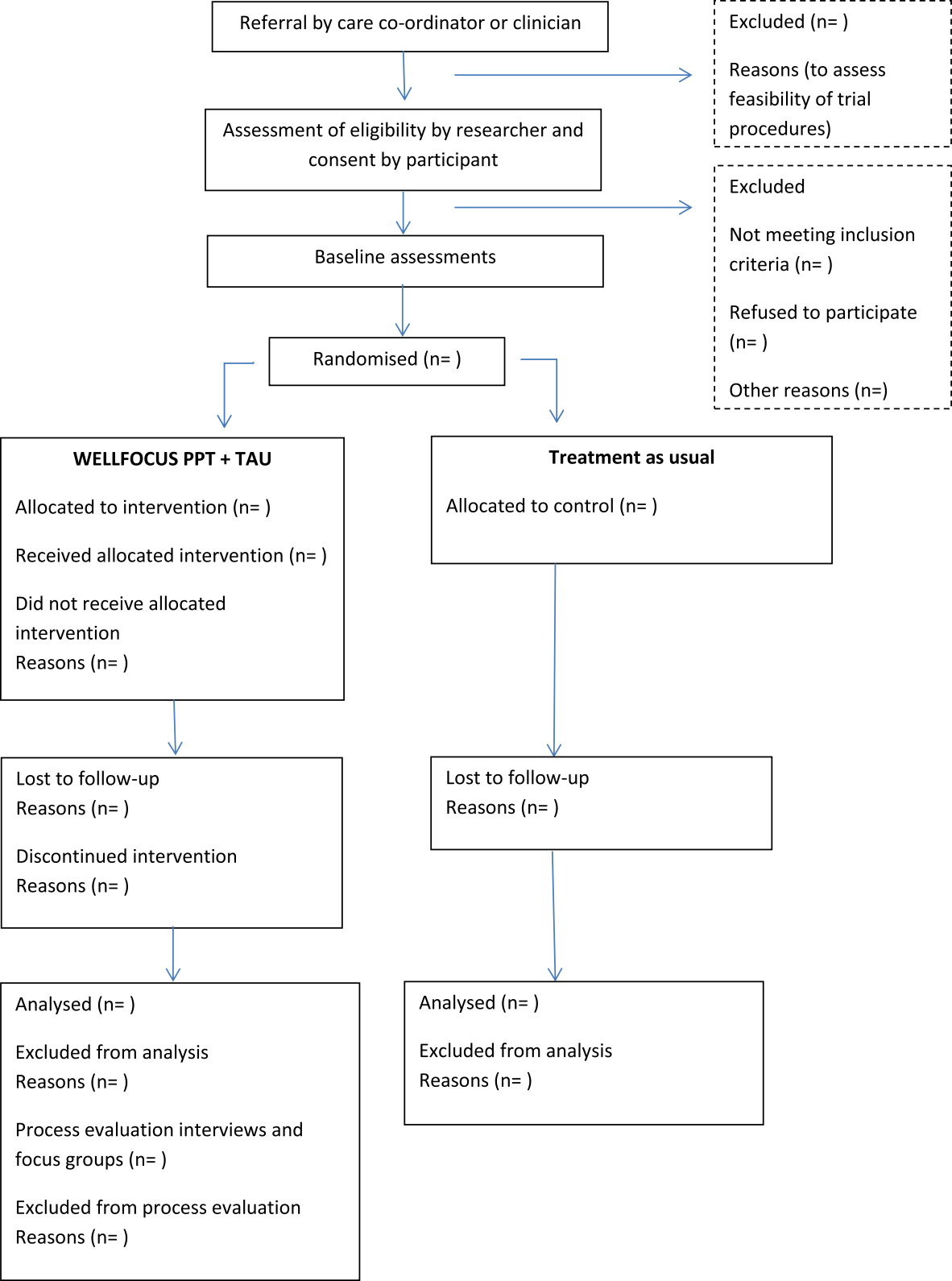
Referral by care co-ordinator or clinician
Excluded (n=)
Reasons (to assess feasibility of trial procedures)
Assessment of eligibility by researcher and consent by participant
Excluded
Not meeting inclusion criteria (n=)
Refused to participate (n=)
Other reasons (n=)
Baseline assessments
Randomised (n=)
WELLFOCUS PPT + TAU
Allocated to intervention (n=)
Received allocated intervention (n=)
Did not receive allocated intervention
Reasons (n=)
Treatment as usual
Allocated to control (n=)
Lost to follow-up
Reasons (n=)
Discontinued intervention
Reasons (n=)
Lost to follow-up
Reasons (n=)
Analysed (n=)
Excluded from analysis
Reasons (n=)
Process evaluation interviews and focus groups (n=)
Excluded from process evaluation
Reasons (n=)
Analysed (n=)
Excluded from analysis
Reasons (n=)