



Metabolic Syndrome Outcome Study

Sleep Apnea Screening (n=678)

Eligibility and Randomization, 59% (n=400)

Study Arms, 85% (n=340)

Intervention (n = 170)

Attention Control (n = 170)

Tailored Phone Support

Periodic Phone Call

Sleep Apnea Evaluation
and Treatment

6-Month Outcome Assessment, 80% (n=272)