week	-2	0	1	2	3	4	6	8	10	12	14	16
	baseline	Treatment Phase 12 sessions					Follow-up Phase					
Patients enrollment	√											
Medical history	√											
Sign the informed consent		√										
Skin Prick Tests		√										
Randomization		√										
VAS		√		√		√	√	√	√	√	√	√
RQLQ		√				√		√		√		√
C-MMASS			√	√	√	√						
Laboratory		√				√		√				√
Adverse event		√	√	√	√	√	√	√	√	√	√	√